

MYOFASCIAL RELEASE

EXPLORE ANCIENT WISDOM & SECRETS OF AUTHENTIC HEALING

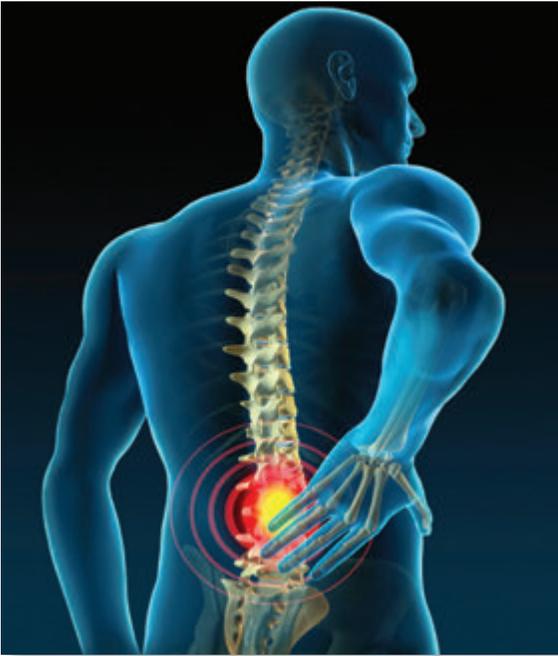


A WORD TO PATIENTS AND THERAPISTS:

Our purpose is to assist individuals in their desire to live a pain-free, active lifestyle. We are also highly motivated to educate therapy professionals and patients in this unique and highly effective 'hands-on' Approach. The awareness and acceptance of Myofascial Release over the last several decades has been tremendous. **We can thank John F. Barnes, PT, LMT exclusively for making Myofascial Release a household word.**

DEAR PATIENTS:

This brochure will help you understand the significant benefits of Myofascial Release. John F. Barnes, PT has two treatment facilities to assist patients on their journey to optimum health. Our Myofascial Release Centers in Malvern, PA (suburbs of Philadelphia) and in Sedona, AZ are staffed by the most highly skilled therapists who have been personally trained by John.



A common theme that we often hear from patients is that they have spent a lot of money and time with other forms of therapy, all to no avail. Let our team of therapists free you from undue pain and alleviate your frustration of finding a healthcare provider that finally offers lasting results. We are here to assist you, guide you, and help you on your journey to a pain-free, active lifestyle.

We welcome and encourage every person to the Myofascial Healing Seminar, a seminar designed specifically for anyone that has an interest in Myofascial Release and who wants to learn and experience self-help techniques. See page 9 for upcoming locations and dates.

The Three C's ...

*What is missing in traditional healthcare,
yet is the foundation of Myofascial Release? ...*

“Curiosity, Courage & Compassion”

DEAR THERAPISTS:

We are very excited about our 2018 seminar schedule. Join John this summer in two cities that he hasn't visited in quite some time, **Detroit, MI and Boston/Cambridge, MA.**

The seminar series in Detroit will be held at the fabulous MGM Grand Casino. This venue is near the Ambassador Bridge for all of the Canadian therapists that have been eager for Myofascial Release I, Myofascial Unwinding and Myofascial Release II.

The freshly renovated Sonesta Hotel in Boston/Cambridge, MA is an ideal location for learning or repeating Myofascial Release classes. For those gearing up to attend Myofascial Release III "Beyond Technique in Sedona, AZ, plan to repeat Myofascial Release I and Myofascial Unwinding, some of the new prerequisites for MFR III. See page 18 for all of the necessary prerequisites.

Due to popular demand, John F. Barnes, PT has designed a new seminar, the '**Fascial Cranium**'! You will explore and learn unique Myofascial Release principles for the fascial cranium and intraoral structures to increase physiologic function, enhance cognition, and decrease headaches, cervical, sinus and TMJ pain. This will also be a treatment seminar for you. Your head and whole body will receive powerful treatments with individual and group experiences. This class will be an extraordinary learning experience, with deep healing and fun with fellow Myofascial Release colleagues and friends.

The first scheduled Fascial Cranium Seminar sold out in a week! Come join us in Key West, Florida for the next Fascial Cranium Seminar and party in this fun, exciting and tropical resort area, January 17–20 (1/2 days) 2019. For additional details, see page 19.



MYOFASCIAL RELEASE

John was recently interviewed by Eva Norlyk Smith, Ph.D, owner of YogaUOnline, which is an organization of yoga teachers. Their newsletter reaches over 600,000 people.

The interview was very successful. John was able to describe the importance of Myofascial Release and how it differs from other forms of Myofascial Release. He also spoke about the importance of consciousness. He encouraged everyone to find a Myofascial Release therapist through the MFR Directory found on our website. He spoke about several advanced Myofascial Release therapists that he has trained and how they have been able to effectively incorporate Myofascial Release with Yoga and how they have very successful practices.

This interview, although it discusses Myofascial Release and Yoga, can be a promotional tool for your current and perspective patients/clients. The main fundamental principles of Myofascial Release are addressed and how Myofascial Release can enhance their lives. To view all 4 videos visit www.yogauonline.com, and search John F. Barnes.



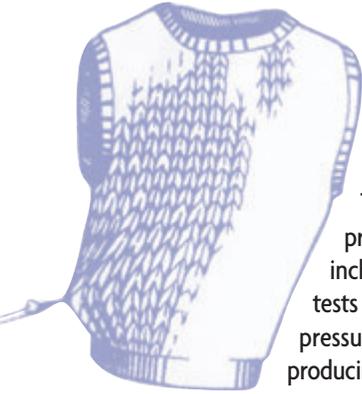
MFR INSIGHT APPROACHING 6,000 MEMBERS!

Consider joining the close to 6,000 therapists and patients that network with one another, share ideas, answer questions, and put forth general information about Myofascial Release. Don't be shy, you can choose to actively participate or you may wish to "lurk" or silently listen to these discussions.

If you are interested in this free service, go to our website (www.myofascialrelease.com) and click on the Resource page to MFR Insight.

DEAR MYOFASCIAL RELEASE PATIENTS:

We Encourage You To Discover Myofascial Release, the Most Effective Form of Therapy in the History of Healthcare! Those of you who have already tried Myofascial Release can attest to the profound benefits of this Approach.



Health professionals have ignored the importance of an entire physiological system, the fascial system that profoundly influences all other structures of the body. This glaring omission has severely restricted your ability to relieve your symptoms and to heal.

Trauma and inflammatory responses create myofascial restrictions that can produce crushing tensile pressures of approximately 2,000 pounds per square inch on pain sensitive structures that do not show up in any of the standard tests (x-rays, myelograms, MRI's, CAT scans, electromyography, etc.) This enormous pressure acts like a "straightjacket" on muscles, nerves, blood vessels and bones producing the symptoms of pain, headaches and restriction of motion.

The medical approach is to medicate patients so they temporarily are free from pain, but it does nothing about the "straightjacket" of pressure that is causing the pain. Traditional physical, occupational, and massage therapy, acupuncture, chiropractic and other forms of therapy treat the symptoms caused by the "straightjacket" effect of a restricted myofascial system, but does nothing about the "straightjacket" of pressure that causes and perpetuates the symptoms. This is why so many patients have only temporary results and never seem to get better with traditional therapy.

Only the John F. Barnes' Myofascial Release Approach® treats the entire myofascial complex eliminating the pressure caused by the restricted myofascial system (the straightjacket) that creates the symptoms. We treat patients from all over the world with Myofascial Release when medicine, surgery, traditional therapy or massage did not produce the desired results.

MYOFASCIAL RELEASE UTILIZES THE FRACTAL PRINCIPLES OF NATURE



MYOFASCIAL RELEASE TREATMENT PROGRAMS

COMPREHENSIVE INTENSIVE PROGRAM

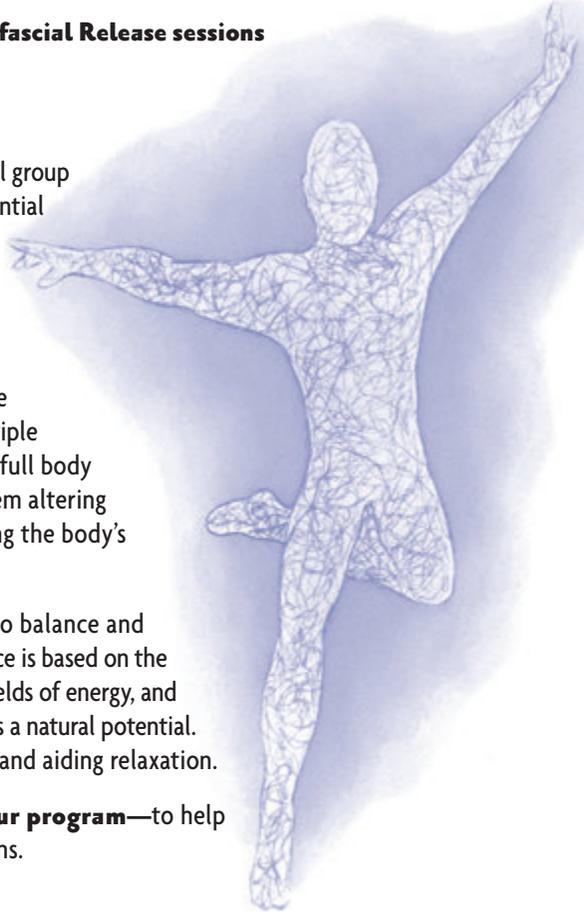
Individualized program specifically designed to overcome chronic pain and mobility issues. The Comprehensive Intensive Program is a two to four week concentrated program that includes three key elements: Evaluation, Hands-on Myofascial Release Treatment and Instruction in our Home Self Treatment Program.

◆ EVALUATION INCLUDES:

- Whole body evaluation
- Range of motion and flexibility testing
- Hands-on whole body assessment for fascial restrictions

◆ TREATMENT INCLUDES:

- **A team of diverse and multi-talented Myofascial Release therapists** will discuss and review daily each patient's individual condition and progress. Our team of highly skilled therapists have been trained personally by John F. Barnes, PT. Each therapist on staff possesses their own distinctive healing gifts. This team approach combines talents and skills to exclusively meet your personal needs.
- **One-on one, personalized hands-on Myofascial Release sessions** with our compassionate and caring therapists.
- **Multiple sessions per day.**
- **Inner Journey Workshop**—a small personal group setting designed to improve your healing potential by enhancing your awareness in your body via discussion and guided imagery.
- **Myofascial Unwinding Workshop**—a chance to experience and take part in the movement component of myofascial release (unwinding) in a small group session with multiple therapists. The unwinding process allows for full body three-dimensional release of the fascial system altering habitual muscular responses, and accelerating the body's inherent self correcting mechanism.
- **Therapeutic Touch**—a one hour session to balance and promote the flow of human energy. The practice is based on the assumptions that human beings are complex fields of energy, and that the ability to enhance healing in another is a natural potential. Therapeutic Touch is useful in reducing pain, and aiding relaxation.
- **Re-evaluation at the conclusion of your program**—to help measure progress and make recommendations.



**OUR GOAL IS TO RETURN YOU TO
A PAIN-FREE, ACTIVE LIFESTYLE!**

ADDITIONAL TREATMENT PROGRAMS

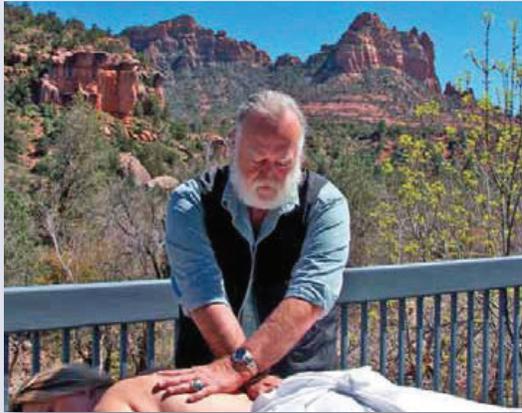
In addition to the Comprehensive Intensive Treatment Program which is two to four weeks in duration, we are pleased to offer several less concentrated programs which allow less involved patients to experience Myofascial Release. We encourage patients that either reside and/or are visiting the Philadelphia or Sedona areas to contact us to set up an appointment for Myofascial Release or massage.

The “Sanctuary”—Malvern, PA



Our Local Program: Experience Myofascial Release treatment tailored to individual needs following a thorough full body initial evaluation to locate the cause of your problem. Included is our Myofascial Freedom home self-treatment program designed to teach you effective ways to treat yourself at home. Also, bask in the soothing warmth of our complimentary infrared sauna and whirlpool. This program is designed to help our patients return to a pain free, active lifestyle.

"Therapy on the Rocks"—Sedona, AZ



Experience a Myofascial Release session on one of our spectacular decks!

Deluxe Relaxation Program: This half day of pampering includes our soothing creekside whirlpool followed by a half hour ‘Fascial Facial’ and a half hour of ‘Therapeutic Touch’ with Aroma Therapy. Finish the day with a full hour introduction to Myofascial Release treatment and moist heat or cold pack treatment while listening to a “glowing” relaxation CD.

On the Rocks Experience: Led by John F. Barnes, PT, this powerful, effective and one of a kind group experience will take place outside in some of Sedona’s most beautiful Red Rock Canyons and vortexes. Learn self enhancement and personal growth exercises, be treated outside and encounter a profound mind/body experience.

THERAPY FOR THE THERAPIST

Prerequisite
for Myofascial
Release III

Feeling tired and burned out? Are you always the care-taker?

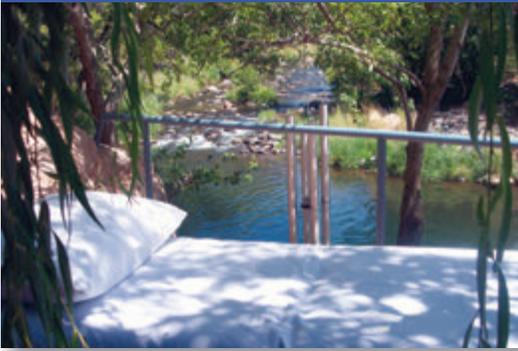
Do you want to develop skills and confidence to provide consistent results for your patients? "THERAPY FOR THE THERAPIST" Program is designed specifically for you!

Offered onsite at The "Sanctuary" in Malvern, Pennsylvania and at "Therapy on the Rocks" in Sedona, Arizona, this unique and one-of-a kind program meets the needs of therapists who are experiencing pain, tightness and in desperate need of rejuvenation.

Sessions are multiple times per day for a total of 15 hours per week. Concentrated treatment with our teams of highly skilled Myofascial Release therapists' elicits the catalyst in promoting efficient, deep healing. Therapists returning home from the "Therapy for the Therapist" Program experience quantum leaps in health, inner calmness, therapeutic intuition, and heightened proprioceptive awareness.

THE "SANCTUARY"—MALVERN, PA

"THERAPY ON THE ROCKS"—SEDONA, AZ



THE BEST GIFT I EVER GAVE MYSELF!

Dear John Barnes and all the staff at the Malvern Myofascial Release "Sanctuary", I want to thank you all for the deeply transformative therapeutic week I spent participating in your 'Therapy for the Therapist' program. I found it to be an amazing opportunity for professional and personal growth.

Three sessions of hands on therapy a day with some of the most talented physical therapists in the world has regenerated me! I haven't felt this good since . . . well, maybe ever!

My 56 year old knees don't creak and ache anymore, my neck range of motion improved, my pelvis is level and my shoulders aren't mistaken for earrings anymore! I feel like a kid again with more energy to devote to my patients, my business and the people I love.

*I admire the relaxing and peaceful setting of your new Myofascial Release Center, the 'Sanctuary'. The treatment rooms were spacious and comfortable with gorgeous views of woodlands, decorated with inspirational art, a soft robe, moist heat or ice after treatments, and great music. **The infra-red sauna and hot tub were divine!** And the beautiful rock walls and leather sofas were so inviting and luxurious; it was hard to leave at the end of each day.*

*I have been working in physical therapy for 20 years, but never invested 100% of my time and energy toward healing myself, until this 'Therapy for the Therapist'. **Thanks to Myofascial Release and John, I now know I am worth it. I deserve it. And I need it . . . every year! Everyone does.***

Emily E, LPTA, LMT, Maine

SKILL ENHANCEMENT SEMINAR

PREREQUISITE: MYOFASCIAL RELEASE I

The Skill Enhancement Seminar is offered on-site in our Malvern, Pennsylvania and Sedona, Arizona Treatment Centers. The Skill Enhancement Seminar allows anyone who has taken Myofascial Release I to work alongside our highly trained and skilled Myofascial Release staff as we treat patients and therapists from around the world.

To be taken soon
after completing
MYOFASCIAL RELEASE I



Therapists who attend the Skill Enhancement Seminar can incorporate the knowledge and skills learned at our off-site educational seminars in a clinical setting that specializes in Myofascial Release. The

value of individual, private instruction on Myofascial Release techniques with actual patients, as well as receiving private treatment, serves to be a comprehensive and an invaluable instructional experience. Immediate and personal feedback will be offered to the participating therapist. Questions will be addressed in a timely and productive fashion throughout this week long seminar.

SKILL ENHANCEMENT WITH JOHN F. BARNES, PT

The Skill Enhancement Seminar is also offered during select weeks when John F. Barnes, PT is treating at either the Malvern or Sedona Myofascial Release Treatment Centers. This option allows the therapist to treat patients alongside John F. Barnes and our staff. Personal treatment sessions with John F.

“THERAPY ON THE ROCKS”—SEDONA, AZ



The Skill Enhancement Seminar is a very positive and rewarding experience. I felt very comfortable and welcome. The openness and feedback from the team of therapists was much appreciated. I have a lot more self confidence about practicing Myofascial Release with my clients and about myself.

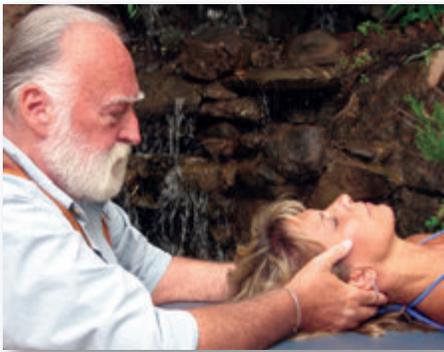
What an enjoyable and significant learning experience. There was no pressure and it was so important to receive the personal supervision for refinement of my skills.

Barnes and our staff are all included. **Enrollment in the Skill Enhancement Seminar is limited. We only accept four therapists per week to ensure personal and direct guidance. Booking in advance is recommended.**

THE “SANCTUARY”—MALVERN, PA



- ◆ Immerse yourself in a therapeutic retreat like no other and witness firsthand the healing effects of this powerful therapeutic approach.
- ◆ Experience the tranquility and flow of a decades-long established cash-based private practice to use as a model to build or enhance your own private practice.
- ◆ Learn how to best position your body to take the work out of treatment and perform Myofascial Release with ease to eliminate strain in your own body.



MYOFASCIAL HEALING SEMINAR

DESIGNED SPECIFICALLY FOR THE PATIENT

The Myofascial Healing Seminar will teach you how to “treat” yourself and is designed to help those wanting to enhance their progress and take a quantum leap in their healing. Through lectures and workshops, patients will learn how to help eliminate their pain and energize their bodies.

FOR THE THERAPIST: HEAL YOURSELF

The Myofascial Healing Seminar is also for you, the therapist, and your friends and family, providing all of you an inexpensive way to lift your spirits, soothe your mind and eliminate your pain while enhancing your healing journey. Encourage your patients/clients to attend the Myofascial Healing Seminars to enhance their treatment response, cut their healthcare costs and provide a way of helping them to continue to heal.

THE MYOFASCIAL HEALING SEMINAR WILL GUIDE YOU TO THE DEPTHS OF YOUR ESSENCE FOR AUTHENTIC HEALING.

This seminar is so important! It has given me my life back!

After suffering with fibromyalgia for years, my pain is finally gone! I feel so much better!

John is a therapist of the highest caliber. I could feel the compassion flowing from his gentle touch. The power and love within this seminar supported me in overcoming my pain.

LOCATIONS AND DATES

SEDONA, AZ

JUNE 18–20, 2018

Poco Diablo Resort
(928) 282-7333

East Coast!

MYRTLE BEACH, SC

SEPTEMBER 10–12, 2018

Hilton Beach Resort
(843) 449-5000

Bring a friend or loved one & receive a discount of **\$100 each!**



THE "SANCTUARY"

EASTERN MYOFASCIAL RELEASE TREATMENT CENTER

Located in Malvern, Pennsylvania, the Main Line suburbs of Philadelphia, is a therapeutic retreat that is a haven for patients and therapists who desire the utmost care. Experience the expert care of our Myofascial Release Therapists' hands-on skills to help you return to a pain-free, active lifestyle!

The Sanctuary is an impressive stone and wood edifice immersed in the healing energy of an ancient, lush forest. Patients enjoy the benefits of Myofascial Release treatments, a soothing complimentary infrared sauna and whirlpool, and the tranquil woodland environment.



NURSE BETTY WELCOMES YOU TO HER HOME FOR ONLY \$35/NIGHT! With her home less than a mile from The Sanctuary, Nurse Betty offers lodging at very reasonable rates to therapists and patients who visit us. Those who have stayed there have loved it! Lodging includes a private bedroom and use of the house, including a full kitchen. There are 4 bedrooms with 2 shared bathrooms including a private entrance on the lower level. Nurse Betty is a highly respected and dedicated nurse who works long hours, so guests often have the place to themselves. For those interested in these comfortable accommodations within a 2 minute drive or 20 minute walk, you can't beat the rate and the comradery of sharing a home with other MFR enthusiasts!

THE "SANCTUARY"—MALVERN, PA



THE "SANCTUARY"

42 Lloyd Avenue, Malvern, PA, 19355

1-800-FASCIAL (327-2425) ♦ 610-644-0136 tel ♦ 610-644-1662 fax
malvern@myofascialrelease.com

OUR MISSION IS TO RETURN YOU

- Back Pain
- Headaches
- Fibromyalgia
- Neurological Dysfunction
- Chronic Fatigue Syndrome
- Neck Pain
- Jaw Pain (TMJ)
- Sports Injuries
- Myofascial Pain Syndrome
- Chronic Pain
- Carpal Tunnel
- Scoliosis
- Disc Problems
- Whiplash
- Infants/Children
- Migraines
- Adhesions
- Sciatica

"THERAPY ON THE ROCKS"

WESTERN MYOFASCIAL RELEASE TREATMENT CENTER

Located in Sedona, Arizona nestled on a cliff along side a fifty foot waterfall cascading into the pristine water of Oak Creek Canyon. The Western Center offers the perfect setting for healing. Magnificent views of the red rocks of Sedona are seen from the cozy treatment rooms, redwood sunning decks, and our creek side whirlpool.

Sedona's majestic Red Rock Canyons lie nestled between the beauty of the Grand Canyon, just a 2 hour drive north, and the cosmopolitan charm of Phoenix, a magnificent two hour drive south. Drive through Oak Creek Canyon (between Sedona and Flagstaff) on scenic Highway 89A, where spring fed Oak Creek cuts its way through a 28 mile long, 3,000 foot deep gorge and where the forces of nature have acted to create a visual masterpiece. Visit the quaint mining town of Jerome, built on the precipice of Mingus Mountain, with unique shopping available and spectacular views of the Sedona Valley.

Sedona, Arizona is truly a unique destination spot where visitors can enjoy a multitude of activities: hiking trails leading into the heart of the Red Rocks, jeep and helicopter tours, horseback riding, train and balloon rides await visitors. Beautiful and varied art galleries, Southwest and eclectic shopping opportunities, ancient Native American ruins, golf on the rocks, Slide Rock State Park and a multitude of high quality restaurants are minutes away.

"THERAPY ON THE ROCKS"—SEDONA, AZ



"THERAPY ON THE ROCKS"

676 North Highway 89A ♦ Sedona, AZ 86336

928-282-3002 ♦ 928-282-7274 fax

sedona@myofascialrelease.com ♦ therapyontherocks.net

TO A PAIN FREE, ACTIVE LIFESTYLE!

- Pelvic Floor Pain & Dysfunction
- Mastectomy Pain
- Vulvodynia
- Interstitial Cystitis
- Menstrual Problems
- Coccydynia (tail bone pain)
- Urinary Incontinence
- Painful Intercourse
- Endometriosis
- Lymphedema
- Urinary Frequency
- Adhesions
- Infertility problems
- Urinary Urgency
- Painful Scars
- Problematic breast implant/reduction scars
- Episiotomy Scars

1-800-FASCIAL (327-2425)

TURN AROUND!

THE AWARENESS OF THE EFFECTIVENESS OF MYOFASCIAL RELEASE HAS SPREAD ACROSS OUR COUNTRY LIKE WILDFIRE!

Our education was logical, but terribly flawed and incomplete. We were taught linear principles and techniques for nonlinear systems that only produced temporary results.

We were given the wrong road map to reality. Our body is not linear! The fascial, neuronal, and vascular systems instead have a fractal structure. Every cell of our body is a fractal, interconnected to the trillions of other cells, all acting instantaneously together.



This beautiful illustration at left is a dry river bed in a desert that demonstrates the fractal nature of the universe and every human being. It also looks remarkably like a tree, doesn't it?

It is time to let go of the old, obsolete linear principles and techniques that we were taught in school that unfortunately only produce short-lived results.

Consider this ancient proverb:

“No matter how far you have travelled down the wrong road . . . turn around!”

Myofascial Release principles are so incredibly effective because they utilize and enhance the fractal nature of the human being for profound, consistent and enduring results.

“SPIRIT WHISPERER”

My ancient warrior had been dormant for a while, however, a series of events have occurred over the past months and he's back! At three separate seminars we had a couple people whose only purpose was to agitate. They seemed to forget that there were other people in the room as they tried to dominate the conversation and criticize every answer I gave. I waited for a long time, until it was obvious that they had an agenda and it was getting in the way of the other therapists' seminar experience. All of a sudden the force of the Ancient Warrior came through me; I turned toward them and stopped them in their tracks!

Many of you just starting on your Myofascial Release journey may be surprised at the resistance and fearful negativity you may encounter by doing something different. The fact that Myofascial Release helps others doesn't seem to matter to those that oppose change and growth.

For most of us, when we start Myofascial Release, there is an inward struggle. Myofascial Release holds up a mirror for us to see our fears and limitations imposed upon us by the flawed paradigm thrust upon us by our education. You have all heard the computer analogy: garbage in, garbage out!

Years ago, as I was going through multiple attacks, I was reminded of an old Asian saying, “The nail that sticks out gets hammered.” I thought about that for a while. The ancient warrior broke through one night and said “be stronger than the hammer!”

You're all capable of being much stronger than any fear or attack that you may be going through. There's an awakening happening and it's our responsibility to discover our power to help others discover their power!

✦ *This could not have been more perfectly timed. I'm sitting here, with tears in my eyes, overwhelmed by the gifts bestowed upon me in this life. At the same time terrified of what that means, of who I am and the potential that lies within. I'm so grateful to be shined upon by your light.*

✦ *Thank you for sharing this amazing information John. Besides being a personal experience for you, it is also a universal experience for all of us and validates things that we experience as well. Spirit Whisperers United!!*

At MFR III, there was a group of therapists at my home. One of the therapists was taking pictures of the sheer mountain peaks that surround me. When she checked, all of the pictures were in color except this one. Take notice of the shaft of light that came through the mountains at that moment. Is it possible that's what happened?



My ancient warrior has been communicating with me very strongly and commented “John, go deeply into stillness and listen . . .” I slowed my breathing, allowed my body to soften . . . time slowed, then stopped. I felt a powerful energy flow through me and saw a flash of brilliant light and heard clearly . . . “You are a “Spirit Whisperer!” . . .

The Ancient Warrior went on to say “Many have been going through turmoil lately, but know turmoil leads to a breakthrough. Stay disciplined, be patient and receive treatment as much as you can. Many that you have taught are becoming quite seasoned and developing amazing skills, and are moving into the realm of “Spirit Whisperers” with you.”

The tide turned a couple of years ago in favor of Myofascial Release. Most aren't aware of it yet, but there has been a quantum shift of the Myofascial Release paradigm and it's happening in a very deep way now.

When the principles of Myofascial Release are performed skillfully with love by a deeply centered therapist, a very special, important communication occurs that is beyond mental or verbal communication. In other words, the therapist and patient become entangled in the emotional vibration of love resonating or “whispering to their “spirit” or “essence” for profound, authentic healing!



As we engage the barrier, wait and then move into the phenomenon of piezoelectricity, mechanotransduction, then into the chaotic period of phase transition; the vibrational frequency of resonance occurs. Resonance is another word for release and opens a channel to the vibratory communication that allows us to access universal wisdom that flows between and enhances the two beings.

Let's all help each other grow!

I wish you the best.

Love,

John

♦ *Thank you John for all I have learned from you. I have had the blessing of experiencing and seeing firsthand the healing power of MFR when I am at work. I look forward to learning more and more, because at this point I feel like a little baby, but I'm open to the learning and growing process. You are paving a wonderful path for the rest of us.*

♦ *Thank you again John for your wisdom, forward thinking, wonderful energy and strength! Life is so much more since I've been studying and applying MFR! Thanks from the bottom of my heart.*

FASCIAL-PELVIS

Our experience has shown that over 90% of patients suffering with lumbar and pelvic pain, menstrual problems, cervical pain and headaches have imbalances in the pelvis creating fascial restrictions throughout the body. This seminar will teach you a logical, step-by-step progression of techniques for treating the lumbo-pelvic region in a comprehensive and effective manner.

20 CONTACT HOURS

LEARN TECHNIQUES FOR THE FASCIAL-PELVIS:

- Erector Spinae
- Lumbar Area
- Quadratus Lumborum
- Psoas
- Sacro-Iliac Joints
- Lower Extremities
- Pelvic Floor
- Piriformis



LOCATIONS AND DATES

GRAND RAPIDS, MI

MAY 4-6, 2018

Marriott Hotel
(616) 242-1500

BELLEVUE, WA

MAY 18-20, 2018

Sheraton Hotel
(425) 455-3330

PENSACOLA, FL

MAY 18-20, 2018

Hilton Hotel
(850) 916-2999

INDIANAPOLIS, IN

JUNE 15-17, 2018

Hilton Hotel
(317) 972-0600

NEWPORT NEWS, VA

AUGUST 24-26, 2018

Marriott Hotel
(757) 873-9299

HONOLULU, HI

SEPTEMBER 7-9, 2018

Alohilani Resort
(808) 922-1233

ST. LOUIS, MO

(CLAYTON PLAZA AREA)

SEPTEMBER 21-23, 2018

Sheraton Hotel
(314) 863-0400

SYRACUSE, NY

OCTOBER 5-7, 2018

Sheraton Hotel
(315) 475-3000

OKLAHOMA CITY, OK

NOVEMBER 2-4, 2018

Sheraton Hotel
(405) 235-2780

HOUSTON, TX

NOVEMBER 16-18, 2018

Hilton Westchase
(713) 974-1000

WILMINGTON, DE

NOV. 30-DEC. 2, 2018

Doubletree Hotel
(302) 478-6000

"MY SCHEDULE IS BOOKED SO FAR IN ADVANCE AND THE DEMAND FOR MYOFASCIAL RELEASE CONTINUES TO GROW."

CERVICAL-THORACIC PREREQUISITE: MYOFASCIAL RELEASE I™

This fascinating seminar will give you the confidence and skill to successfully treat cervical pain, restriction of motion, reflex sympathetic dystrophy, carpal tunnel, TMJ pain and to decrease pain in the hand while increasing its functional mobility. **20 CONTACT HOURS**

LEARN TECHNIQUES FOR THE CERVICAL-THORACIC:

- Thoracic-Lumbar Junction
- Rib Cage
- Atlas/Axis Complex
- Sternum
- Hands/Wrists
- Upper Extremities
- Craniomandibular Mechanism
- Anterior/Posterior Cervical Areas
- Thoracic Spine

LOCATION AND DATE

MYRTLE BEACH, SC

SEPTEMBER 13-16, 2018 (1/2 DAYS)

Hilton Beach Resort
(843) 449-5000



MYOFASCIAL UNWINDING

PREREQUISITE: MYOFASCIAL RELEASE I™

The Myofascial Unwinding seminar is designed to enhance your skill level and sensitivity providing you with a comprehensive treatment regime. Persistent pain and/or structural dysfunction may be perpetuated by “holding or bracing patterns” in the body. You will learn from the patient’s perspective how unresolved emotional issues or mental concepts that are outdated

and are no longer relevant may impede progress. The Myofascial Unwinding™ seminar will also improve your mental clarity, focus, sensitivity of touch and expand your abilities to achieve consistent results.

20 CONTACT HOURS

MYOFASCIAL UNWINDING IS A VERY EFFECTIVE MOVEMENT FACILITATION TECHNIQUE UTILIZED TO:

- Decrease Pain
- Increase Range of Motion
- Eliminate Subconscious “Holding or Bracing Patterns”
- Increase Your Proprioceptive Awareness
- Increase Functional Mobility of the Neuro/ Myofascial/ Osseous Systems



LOCATIONS AND DATES

WILMINGTON, DE MAY 1-3, 2018

Doubletree Hotel
(302) 478-6000

BOSTON, MA AUGUST 21-23, 2018

Sonesta Hotel
(617) 806-4200

MINNEAPOLIS, MN NOVEMBER 13-15, 2018

Hyatt Regency
(612) 370-1234

DETROIT, MI JULY 10-12, 2018

MGM Grand
(313) 465-1777

LAS VEGAS, NV OCTOBER 8-10, 2018

Alexis Park Resort
(702) 796-3300

KEY WEST, FL JANUARY 7-9, 2019

Doubletree Resort
(305) 293-1818

MYOFASCIAL RELEASE II

PREREQUISITE: MYOFASCIAL RELEASE I™

Myofascial Release I developed a fascinating framework of concepts and techniques. Myofascial Release II completes this conceptual framework with important, advanced, whole body Myofascial Release techniques and newly refined cranial advancements. You will learn advanced skills to greatly enhance your vital “feel” via development of the tactile and proprioceptive senses which will allow you to achieve a higher level of expertise. These exciting techniques have been carefully developed and selected for their outstanding, consistent results. **20 CONTACT HOURS**

LEARN ADVANCED MYOFASCIAL TECHNIQUES FOR:

- Lumbo-Sacral
- Hyoid
- Intra-Oral (Maxillae, Palatines, Vomer, Pterygoids, Mandible)
- Sacro-Iliac
- Thorax
- Psoas Complex
- Upper Extremities
- Lower Extremities
- Fascial Cranium
- Cervical
- Dural System

LOCATIONS AND DATES

WILMINGTON, DE MAY 4-6, 2018

Doubletree Hotel
(302) 478-6000

BOSTON, MA AUGUST 24-26, 2018

Sonesta Hotel
(617) 806-4200

MINNEAPOLIS, MN NOVEMBER 16-18, 2018

Hyatt Regency
(612) 370-1234

DETROIT, MI JULY 13-15, 2018

MGM Grand
(313) 465-1777

LAS VEGAS, NV (1/2 DAYS) OCTOBER 11-14, 2018

Alexis Park Resort
(702) 796-3300

KEY WEST, FL (1/2 DAYS) JANUARY 10-13, 2018

Doubletree Resort
(305) 293-1818

WOMEN'S HEALTH MYOFASCIAL RELEASE SEMINAR

PREREQUISITES: MYOFASCIAL RELEASE I™, FASCIAL-PELVIS, MYOFASCIAL UNWINDING

Increase your knowledge, skill and income by adding this important dimension to your practice or start your own women's healthcare facility.

THIS FASCINATING NEW SEMINAR WILL TEACH YOU IMPORTANT MYOFASCIAL RELEASE, VISCERAL RELEASE AND MYO/GYNO-FASCIAL RELEASE:

- Pelvic Floor Pain & Dysfunction
- Urinary Incontinence, Urgency and/or Frequency
- Problematic Breast Implant/Reduction Scars
- Vulvodynia
- Mastectomy Pain
- Endometriosis
- Interstitial Cystitis
- Fibromyalgia
- Menstrual Problems
- Adhesions
- Coccygeal Pain
- Episiotomy Scars
- Painful Intercourse
- Infertility Problems
- Lymphedema
- Painful Scars

**Find the
Pain,
Look
Elsewhere
for the
Cause!**

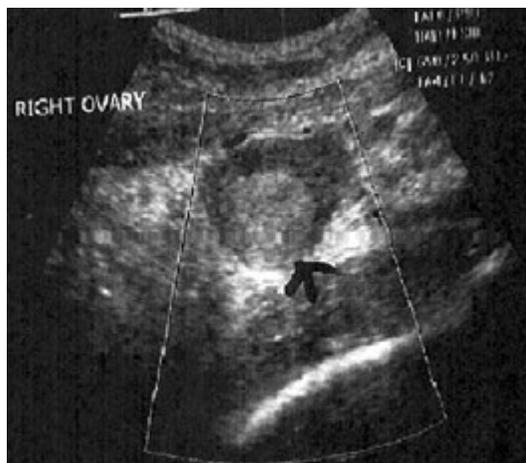


In this seminar you will receive extensive treatment for your own pelvic problems. Many times chronic, persistent headaches, neck and back pain can be resolved with Myofascial Release to the pelvic area.

LOCATION AND DATE

MYRTLE BEACH, SC
SEPTEMBER 6-9, 2018
Hilton Beach Resort
(843) 449-5000

SOLID RIGHT OVARIAN MASS



"My wife told me that she has a cyst on her right ovary and " it does not look good". During her routine ultrasound it was discovered that she had a dermoid cyst. The doctor suggested surgery to remove the whole right ovary. He warned us that solid cysts do not go away and that my wife would need surgery. My wife saw an advanced John F. Barnes' Myofascial Release therapist the following day and subsequently completed 10 Myofascial Release sessions. When my wife had her second ultrasound performed, the cyst was completely gone! "No surgery" the doctor said. What a relief! Thank you John for bringing Myofascial Release to our lives!"

EXPERIENCE THE EXQUISITE BEAUTY OF SEDONA



LOCATION AND DATE

SEDONA, AZ

JUNE 14–17, 2018 (1/2 DAYS)

Poco Diablo Resort

(928) 282–7333

MYOFASCIAL REBOUNDING

PREREQUISITE: MYOFASCIAL RELEASE I™

Myofascial Rebounding utilizes the fluid/energy dynamics as a therapeutic force to greatly enhance your Myofascial Release effectiveness in reducing pain, increasing function and awareness. Myofascial Rebounding also “confuses” the neuromotor system to help free the body of its bracing patterns. It’s kind of a subtle way in the back door. The mind/body doesn’t know what to do, so it just lets go. Myofascial Release and Myofascial Rebounding is an important combination acting as a powerful catalyst enhancing your effectiveness!

- Receive Extraordinary Treatment
- Re-Energize Yourself
- Increase Your Awareness
- Learn Important New Skills That Will Significantly Enhance Your Effectiveness



ADVANCED MYOFASCIAL UNWINDING

PREREQUISITES: MYOFASCIAL RELEASE I™, MYOFASCIAL UNWINDING, MYOFASCIAL RELEASE II™

A rare opportunity to grow and expand your abilities by being treated with advanced unwinding techniques by highly skilled Myofascial Release Therapists.

- Learn Advanced Unwinding Techniques
- Refine Your Dialoging Skills
- Receive Extraordinary Treatment
- Enhance Your Sensitivity, Focus & Concentration

LOCATION AND DATE

SEDONA, AZ

JUNE 21–24, 2018 (1/2 DAYS)

Poco Diablo Resort

(928) 282–7333

MYOFASCIAL RELEASE III— "BEYOND TECHNIQUE"



DEAR FRIENDS:

The contents of this fascinating seminar will include Advanced Myofascial Release, Cranial and Myofascial Unwinding techniques, visualization, guided imagery and subtle energy techniques; emphasizing the development of your proprioceptive senses for whole body evaluation and treatment.

Bond with fellow therapists as you treat one another to help clear yourself mentally, physically, and emotionally so that you can become true healers.

This powerful and enjoyable experience will allow your essence to re-emerge in a healthy, positive, balanced fashion. This will be done in a supportive, loving environment designed to bring out your full potential to become authentic healers.

I look forward to being with you.

Sincerely,
John F. Barnes, PT, LMT



PREREQUISITES:



Myofascial Release I, (repeat Myofascial Release I), Fascial Pelvis, Cervical Thoracic, Myofascial Rebounding, Myofascial Unwinding, (repeat Myofascial Unwinding), Myofascial Release II, Advanced Myofascial Unwinding, (and repeat a seminar of your choice), a one week Skill Enhancement Seminar, and a one or two week 'Therapy for the Therapist' treatment program. *Half price tuition for repeating.

DATES:

October 23–28, 2018

TIMES:

Full-day October 23rd, Half-days October 24–28, 2018. Times will vary.

LOCATION:

Sedona, Arizona—Nestled like a diamond in the foothills of towering red cliffs, Sedona is considered to be one of the natural wonders of the world. Its sheer red walls and pinnacles reach heights of 2,500 feet with the waterfalls of Oak Creek cutting their way through majestic pine forests. It is a landscape masterpiece that has taken nature's architect millions of years to sculpt.

HOTEL:

Poco Diablo Resort (928) 282-7333—Reserve Early!

PRICE:

\$1800 or \$1495 if registered 2 weeks prior to the seminar date.

TO APPLY:

Please send your picture, resume and a letter stating what the Myofascial Release Approach has done for you personally and professionally, why you feel you are ready for this seminar and what your goals are for this 6 day retreat.

Mail to MFR Seminars, 42 Lloyd Avenue, Malvern, PA 19355, along with a \$500 deposit. Those not accepted will receive a full refund.

Since it is essential to have a compatible group in attitude, openness and skill level, we reserve the right to accept only those that we feel are functioning at the proper level at this time.

MYOFASCIAL IMMERSION!

Immerse yourself in Myofascial Release. Repeat Myofascial Release I, Myofascial Unwinding and Myofascial Release II at HALF PRICE!

Stay a bit longer and attend the new Fascial Cranium Seminar in the tropical party town of Key West Florida where you will enjoy turquoise waters, boating, fishing, fabulous restaurants and exciting nightlife!



Key West, Florida

FASCIAL CRANIUM



PREREQUISITES: MYOFASCIAL RELEASE I™, MYOFASCIAL UNWINDING, MYOFASCIAL RELEASE II™, & MYOFASCIAL REBOUNDING

Due to popular demand, John F. Barnes, PT has designed a new seminar, the 'Fascial Cranium'.

You will explore and learn unique Myofascial Release principles for the fascial cranium and intraoral structures to increase physiological function, enhance cognition, and decrease headaches, cervical, sinus and TMJ pain.

This will also be a treatment seminar for you. Your head and whole body will receive powerful treatments with individual and group experiences. This class will be an extraordinary learning experience, with deep healing and fun with your Myofascial Release colleagues and friends.

LOCATIONS AND DATES

SOLD OUT!

**WILMINGTON, DELAWARE SEMINAR
SOLD OUT IN 5 DAYS!**

**DON'T MISS OUT ON THE KEY WEST, FL
SEMINAR WHICH IS ALREADY HALF
FULL—REGISTER TODAY!!**

**KEY WEST, FL
JANUARY 17-20, 2019 (1/2 DAYS)**
Doubletree Resort
(305) 293-1818

**Exciting
NEW
Seminar!**

SUBTLE ENERGY SEMINAR

EXPAND YOUR SENSITIVITY & AWARENESS!

PRESENTER: Dr. Margaret Fuhs, DNSc,RN; Transpersonalpsychotherapist, healer and co-founder of the Institute for Therapeutic Touch.

EAST COAST!
Prior to
Wilmington
Fascial Pelvis

LOCATION AND DATE

WILMINGTON, DE
NOVEMBER 28 & 29, 2018
Doubletree Hotel
(302) 478-6000

Expand your sensitivity and awareness. Exploring new levels of stillness, listening, focus, energetic perception, interconnection and intuitive knowing as they relate to our own healing and thus to the deepening healing of patients.

TO REGISTER FOR SUBTLE ENERGY CALL: 1-800-FASCIAL

MYOFASCIAL RELEASE I™

ENJOY THE FULFILLMENT OF CONSISTENT, PROFOUND RESULTS.

Repeat any
Seminar at
1/2 price!

I have had the opportunity of training over 100,000 therapists and my goal is to help you improve your logical/intuitive abilities and confidence. Trauma and inflammatory responses create myofascial restrictions that can produce tensile pressures of approximately 2,000 pounds per square inch on pain sensitive structures that do not show up in any of the standard tests (x-rays, myelograms, CAT scans, electromyography, etc.).

This enormous pressure acts like a "straightjacket" on muscles, nerves, blood vessels and osseous structures producing the symptoms of pain, headaches and restriction of motion.



LOCATIONS AND DATES

ROCHESTER, MN
APRIL 27-29, 2018
Kahler Grand Hotel
(507) 280-6200

WILMINGTON, DE
APRIL 27-29, 2018
Doubletree Hotel
(302) 478-6000

EDMONTON, ALBERTA
MAY 4-6, 2018
Delta Hotel
(780) 429-3900

LOS ANGELES, CA
MAY 18-20, 2018
Doubletree Hilton
(213) 629-1200

MEMPHIS, TN
JUNE 1-3, 2018
Big Cypress Lodge
(901) 620-4600

NAPLES, FL
JUNE 1-3, 2018
Doubletree Suites
(239) 593-8733

DETROIT, MI
JULY 6-8, 2018
MGM Grand
(313) 465-1777

BOSTON, MA
AUGUST 17-19, 2018
Sonesta Hotel
(617) 806-4200

INDEPENDENCE, OH
(CLEVELAND AREA)
AUG 17-19, 2018
Doubletree Hotel
(216) 447-1300

FT. WORTH, TX
AUGUST 24-26, 2018
Renaissance Hotel
(817) 870-1000

WINNIPEG, MANITOBA
SEPTEMBER 28-30, 2018
Holiday Inn South
(204) 452-4747

LAS VEGAS, NV
OCTOBER 4-7, 2018 (1/2 DAYS)
Alexis Park Resort
(702) 796-3300

BOISE, ID
OCTOBER 19-21, 2018
Red Lion
(208) 344-7691

RALEIGH, NC
NOVEMBER 9-11, 2018
Doubletree Hotel
(919) 828-0811

MINNEAPOLIS, MN
NOVEMBER 9-11, 2018
Hyatt Regency
(612) 370-1234

ORLANDO, FL
NOVEMBER 16-18, 2018
Hilton Hotel
(407) 313-4300

SANTA CRUZ, CA
NOVEMBER 16-18, 2018
Hilton Hotel
(831) 440-1100

KEY WEST, FL
JANUARY 3-6, 2019 (1/2 DAYS)
Doubletree Resort
(305) 293-1818

**SAVE
\$300**

VACATION SERIES & SPECIALTY SEMINARS

BY REGISTERING FOR ANY THREE SEMINARS!



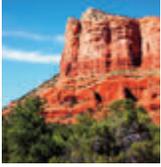
Wilmington, DE—Wilmington and the Brandywine Valley blends the arts, dining, entertainment, and beauty of the surrounding countryside.

Myofascial Release I
April 27–29, 2018

Myofascial Unwinding
May 1–3, 2018

Myofascial Release II
May 4–6, 2018

**DOUBLETREE
HOTEL**
(302) 478–6000



Sedona, AZ—Sedona is alive with energy and awash with spectacular beauty. Shake off the weariness and stress amid the pine forests of Oak Creek in the Red Rock Canyons.

Myofascial Rebounding
June 14–17, 2018
(1/2 days)

Myofascial Healing
June 18–20, 2018

Advanced Unwinding
June 21–24, 2018
(1/2 days)

**POCO DIABLO
RESORT**
(928) 282–7333



Detroit, MI—The MGM Grand hotel is a beautiful, Las Vegas style casino resort offering three signature restaurants including two from Master Chef Wolfgang Puck. In addition, there is the full-service Immerse Spa and enjoy the many musical venues and nightclubs.

Myofascial Release I
July 6–8, 2018

Myofascial Unwinding
July 10–12, 2018

Myofascial Release II
July 13–15, 2018

**MGM GRAND
CASINO**
(313) 465–1777



Boston/Cambridge, MA—Visit this historic area, its harbors, and incredible seafood. Do not miss visiting famous Faneuil Hall Marketplace located in the heart of downtown Boston. This intriguing complex of distinctive shops, performers, food stands and restaurants brought new life to a historic meeting place.

Myofascial Release I
August 17–19, 2018

Myofascial Unwinding
August 21–23, 2018

Myofascial Release II
August 24–26, 2018

**SONESTA
CAMBRIDGE**
(617) 806–4200



Myrtle Beach, SC—Experience beautiful, pristine beaches, numerous water activities, including boating and fishing or just relax and watch the dolphins from the shoreline.

Women's Health
September 6–9, 2018

Myofascial Healing
September 10–12, 2018

Cervical Thoracic
September 13–16, 2018
(1/2 days)

**HILTON BEACH
RESORT**
(843) 449–5000



Las Vegas, NV—Enjoy the excitement and entertainment of Las Vegas and everything that Las Vegas has to offer!

Myofascial Release I
October 4–7, 2018
(1/2 days)

Myofascial Unwinding
October 8–10, 2018

Myofascial Release II
October 11–14, 2018
(1/2 days)

**ALEXIS PARK
RESORT**
(702) 796–3300



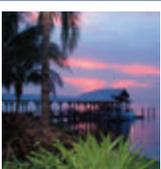
Minneapolis, MN—A city with both award-winning museums and gorgeous parks. Minneapolis has beautiful riverfront trails and fun professional sports stadiums. Fall marks the return of familiar annual festivals, and creative dining.

Myofascial Release I
November 9–11, 2018

Myofascial Unwinding
November 13–15, 2018

Myofascial Release II
November 16–18, 2018

**HYATT
REGENCY**
(612) 370–1234



Key West, FL—Explore crystal clear waters, savor a Key West sunset, or take a stroll down Duval Street. Relax and enjoy Key West's laid back attitude!

Myofascial Release I
January 3–6, 2019
(1/2 days)

**Myofascial
Unwinding**
January 7–9, 2019

Myofascial Release II
January 10–13, 2019
(1/2 days)

Fascial Cranium
January 17–20, 2019
(1/2 days)

**DOUBLETREE
RESORT**
(305) 293–1818

MYOFASCIAL RELEASE MERCHANDISE



MYOFASCIAL RELEASE—HEALING ANCIENT WOUNDS: THE RENEGADE'S WISDOM®

BY: JOHN F. BARNES

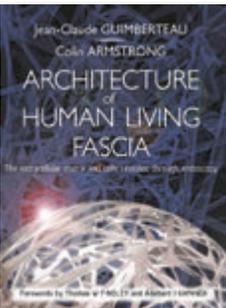
John F. Barnes, PT, world-renowned therapist, author, visionary, and authority on Myofascial Release, weaves a fascinating story, taking you into his highly charged and intriguing world of authentic healing. This enjoyable and important book explores the intuitive awareness and dynamic mind/body healing principles of Myofascial Release.

NEW EPILOGUE!

Since the year 2000, when Healing Ancient Wounds, the Renegade's Wisdom was first published, there have been massive advances in research and attitudes on Myofascial Release. So much information has emerged verifying the scientific principles that John F. Barnes, PT has been teaching over the last 40 years that he has written a new chapter or epilogue.

He has synthesized all the important material on Myofascial Release to provide a clear, comprehensive vision for all of us to move forward in healthcare. The Epilogue starts out with the scientific principles of Myofascial Release, and then takes a sharp turn into a tragedy that John endured and his response to it. This new chapter is filled with inspirational and insightful messages that will benefit and uplift all therapists. **This informative, touching, and inspirational epilogue is A MUST READ!**
\$49.00

NEW BOOKS!



ARCHITECTURE OF HUMAN LIVING FASCIA®

BY: JEAN-CLAUDE GUIMBERTEAU & COLIN ARMSTRONG

French surgeon has published a richly illustrated and historic book. A picture is worth a thousand words. This book and accompanying DVD clearly shows the fascia system of a living person which reveals piezoelectricity, mechanotransduction, phase transition and resonance; the essence of Myofascial Release. His outstanding work is a must for MFR therapists and is the book of the century!

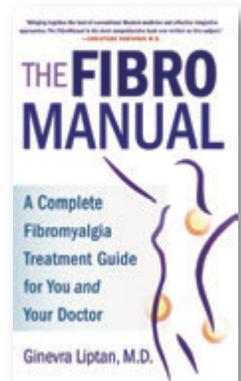
\$75.00

THE FIBROMANUAL: A COMPLETE FIBROMYALGIA TREATMENT GUIDE FOR YOU AND YOUR DOCTOR

BY: GINEVRA LIPTAN, MD

Ten million Americans experience the widespread pain, profound fatigue, and fuzzy brain ("fibrofog"). Ginevra Liptan, MD, shares a cutting-edge new approach that includes the John F. Barnes' Myofascial Release Approach®, which she calls by far the most effective treatment I have found to reduce fibromyalgia pain.

\$20.00



REGISTER FOR ANY THREE SEMINARS CALL TODAY! 1-800-FASCIAL

**SAVE
\$300**

Prices:

MYOFASCIAL RELEASE I

FASCIAL-PELVIS MYOFASCIAL RELEASE

CERVICAL-THORACIC MYOFASCIAL RELEASE

MYOFASCIAL UNWINDING

MYOFASCIAL RELEASE II

MYOFASCIAL REBOUNding

ADVANCED MYOFASCIAL UNWINDING

FASCIAL CRANIUM

\$750 for each seminar or

\$695 if registered 2 weeks prior to seminar date

WOMEN'S HEALTH SEMINAR—

THE MYOFASCIAL RELEASE APPROACH

\$1,000 for the seminar or

\$895 if registered 2 weeks prior to seminar date

MYOFASCIAL RELEASE III —“BEYOND TECHNIQUE”

\$1,800 for the seminar or

\$1,495 if registered 2 weeks prior to seminar date

(See page 18 for details on applying)

MYOFASCIAL HEALING SEMINAR

\$550 for the seminar or

\$495 if registered 2 weeks prior to seminar date

\$395 per person when 2 or more register together*

*(*Please make two copies of this registration form, one for each person and mail together.)*

Continuing Education:

Myofascial Release Seminars are approved by many state and national associations. Please visit our website at myofascialrelease.com for a complete listing.

Registration Fee and Cancellation Policy:

Full payment is required to reserve a space. Enrollment is limited. Fee includes workbook and materials, seminar instruction, hands-on workshop training, continental breakfast, afternoon refreshments, and seminar certificate. Written confirmation will be sent after payment is received in our office. You may cancel your registration up to 14 days before the seminar. Your registration fee will be refunded less a \$50 processing fee. If you need to cancel less than 14 days prior to the seminar you may transfer your registration to another seminar of your choice. We reserve the right to cancel any seminar, in which case the tuition fee will be returned in full. MFR Seminars is not responsible for any guaranteed airline/hotel reservation.

Pay by credit card or check.
Make check (U.S. Funds only) payable to:

MFR SEMINARS

42 Lloyd Avenue
Malvern, PA 19355

1-800-FASCIAL (327-2425)
610-644-1662 (Fax)

seminars@myofascialrelease.com

REGISTRATION FORM

Please check the appropriate box(es)

Seminar Location—City/State:

- | | |
|--|--|
| <input type="checkbox"/> Myofascial Release I | <input type="checkbox"/> Advanced Myofascial Unwinding |
| <input type="checkbox"/> Myofascial Unwinding | <input type="checkbox"/> Women's Health Seminar |
| <input type="checkbox"/> Myofascial Release II | <input type="checkbox"/> Myofascial Release III |
| <input type="checkbox"/> Fascial-Pelvis | <input type="checkbox"/> Myofascial Healing |
| <input type="checkbox"/> Cervical-Thoracic | <input type="checkbox"/> Fascial Cranium |
| <input type="checkbox"/> Myofascial Rebounding | |

Charge to: Visa MasterCard Ex. Date _____

3-Digit Security Code _____

Card # _____

Cardholder Name _____

Signature _____

Enclosed is my check for: \$ _____

Name _____

Prof. Initials (PT,OTR/LMT,etc.) _____

Healing Seminar Participant's Occupation _____

Address _____

City _____

State _____

Zip _____

Phone: () _____

Email _____

1-800-FASCIAL (327-2425)

23