

LEARN . . .
THE JOHN F. BARNES'

MYOFASCIAL RELEASE

APPROACH®

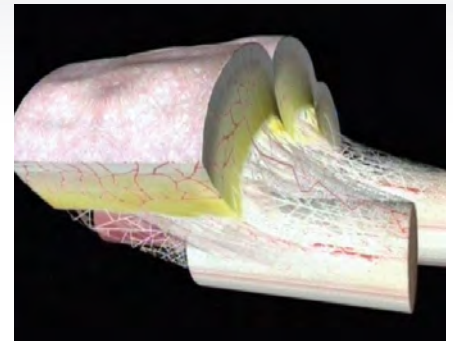
MYOFASCIAL RELEASE

~ ENHANCE YOUR LIFE! ~

The John F. Barnes' Myofascial Release Approach® is considered to be the ultimate mind/body therapy that is safe, gentle and consistently effective in producing results that last. John F. Barnes, PT, is an international lecturer, author and authority on Myofascial Release. He is considered to be a visionary and teacher of the highest caliber.

WHAT IS FASCIA?

Fascia is a tough connective tissue which spreads throughout the body in a three-dimensional web from head to foot without interruption. Trauma, posture or inflammation can create a binding down of fascia resulting in excessive pressure on nerves, muscles, blood vessels, osseous structures and/or organs. Since many of the standard tests such as x-rays, myelograms, CAT scans, electromyography, etc, do not show the fascial restrictions, it is thought that an extremely high percentage of people suffering with pain and/or lack of motion may be having fascial problems, but most go undiagnosed.



Fascia Photo by Permission of Dr J.C. Guimberteau

The viscoelastic quality of the fascial system causes it to resist a suddenly applied force. This explains why the "old form" of myofascial release, which was an attempt to force a system that cannot be forced, produced pain and limited results.

WHAT IS THE JOHN F. BARNES' MYOFASCIAL RELEASE APPROACH®?

The John F. Barnes' Myofascial Release Approach® consists of the gentle application of sustained pressure into the fascial restrictions. This essential "time element" has to do with the viscous flow and the piezoelectric phenomenon: a low load (gentle pressure) applied slowly will allow a viscoelastic medium (fascia) to elongate.

Our seminars are designed to be "hands-on" experiences. The seminars listed in this brochure all build upon one another providing a logical, step-by-step, comprehensive Approach for the treatment of pain, headaches and dysfunction. The Barnes' Myofascial Release Approach® is easily learned so that you can utilize the techniques taught in class immediately upon returning to your practice.

Discover how this truly unique Approach can help you to develop the skills and confidence to provide consistent results for your patients / clients while adding fulfillment and revitalizing your professional and personal life!

"If you are drawn to take the seminars, just listen to your intuition. You will not regret it! This work is wonderful for your patients/clients, as well as yourself. You will be able to help so many people, people who are desperate because nothing is helping. Each patient is special and unique. Learning the John F. Barnes' Approach to Myofascial Release will give you the techniques, ability and confidence that you need to treat each person as a distinct human being. Myofascial Release is truly a therapeutic art."





MYOFASCIAL RELEASE

JOHN F. BARNES, PT
*International lecturer, author
and authority on Myofascial Release*

John F. Barnes, PT, is a therapeutic 'icon' considered to be a teacher of the highest caliber. He has been teaching Myofascial Release seminars for over 50 years and has trained over 100,000 therapists.

The Myofascial Release Approach that I have developed is a whole-body, hands-on approach to the evaluation and treatment of the human structure. Its focus is the fascial system. Fascia is an incredible tough connective tissue that spreads throughout the body in a three-dimensional web. Much like a spider web, it extends from head to foot without interruption.

The fascia serves a vital function in that it permits the body to maintain its normal shape and thus keep all of the body's life functions intact. It also allows the body to resist mechanical stresses, both internal and external. Fascia has maintained its general structure and purpose over eons. These functions are evident in the earliest stages of multi-celled organisms, in which two or more cells are able to stay in contact, communicating and resisting the external forces of the environment via the connective tissue.

The fascial system is a communication system, similar to a fiberoptic that communicates through the ground substance of the fascial system, sending information to the trillions of cells in our body, allowing it to function at an optimum level and in a coordinated way.

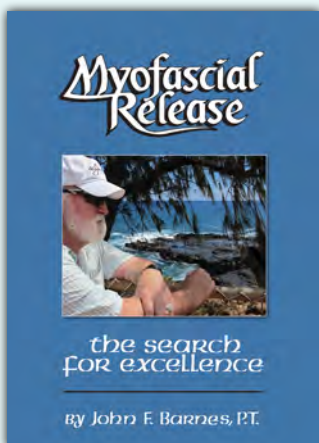
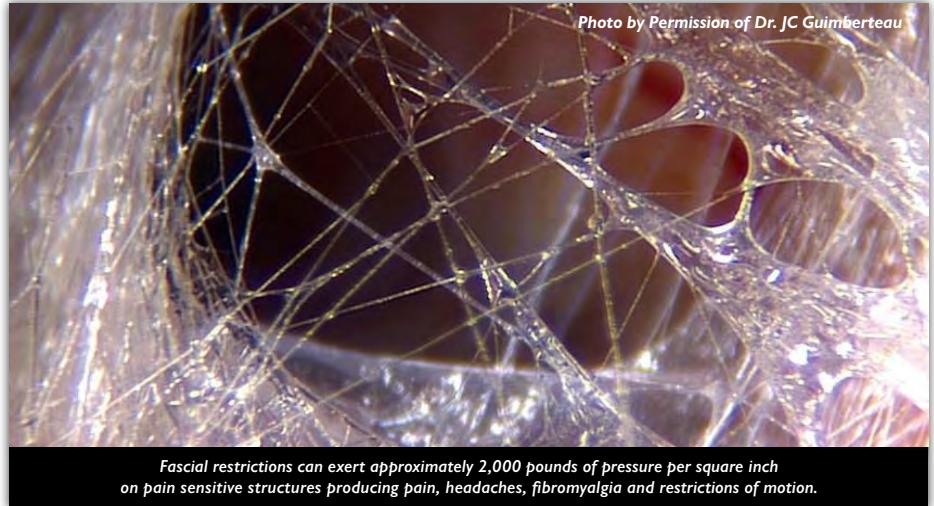
Fascia supports, protects, envelops, and becomes part of the muscles, bones, nerves, organs, and blood vessels, from the largest structures right down to the cellular level. When all is well, the body functions harmoniously. When injuries occur, however, the fascia has the ability to reorganize along the lines of tension imposed on the body. Physical trauma from direct injury, accident, or unresolved restrictions from the birthing process all can cause the fascia to tighten down in an involuntary attempt to prevent the body from further harm. Inflammation and infectious processes as well as structural imbalances from pelvic injury/rotation, dental misalignment, leg length changes, and osseous restrictions and/or bony malalignment all can create inappropriate fascial strain patterns.

It has been estimated that myofascial restrictions can create a tensile strength of up to approximately 2,000 pounds per square inch! It is felt that this enormous and excessive pressure of the myofascial restrictions on pain-sensitive structures can produce many of the pains, headaches, and other undesirable symptoms that many people suffer. Most of these conditions go undiagnosed, however, as all of the standard tests, such as radiographs (X-rays), myelograms, computerized tomographic scans (CAT scans), and electromyograms (EMG) do not show fascial restrictions. Addressing the cause – the unresolved myofascial restriction – is what is needed to truly resolve the problems.

Myofascial release is the missing link that will greatly enhance your ability to help others !

**JOIN US IN
THE IMPORTANT
MYOFASCIAL RELEASE
EVOLUTION IN
HEALTHCARE!**

Sincerely,



Myofascial Release: The Search For Excellence®

by John F. Barnes, PT

This historic work is thorough with numerous clear and concise illustrations that will guide you to the high level of excellence you strive for in your quest for Mastery. This definitive book represents a culmination of 50 years of experience and points the way to the future of healthcare.

This fascinating book will help you to understand Myofascial Release in its evaluation and treatment aspect and show you how to implement Myofascial Release into your current practice.

Price: \$69.95



Myofascial Release Healing Ancient Wounds: The Renegade's Wisdom

by John F. Barnes, PT

"Myofascial Release Healing Ancient Wounds: The Renegade's Wisdom" explores the intuitive awareness and dynamic mind/body healing principles of Myofascial Release.

These concepts will dramatically increase your effectiveness and will guide you into a unique way of enhancing your personal power, intuition, and awareness that will help you reconnect with your essence on your "Path to Mastery"!

This intriguing book was also written for your patients/clients to educate, motivate and inspire them to accelerate, deepen and enhance their treatment response. The informative, touching and inspirational epilogue is a must-read!

Price: \$49.95

Purchase both books together for \$99 (Savings of over \$20)

TO ORDER CALL 1-800-FASCIAL or visit myofascialrelease.com

MYOFASCIAL RELEASE I

This exciting “hands-on” introductory course has trained over 100,000 therapists. Graduates of this course are immediately able to produce positive, structural changes in their patients with acute and chronic pain and dysfunction. These whole-body techniques will be an important added to your existing treatment regimen, greatly enhancing your therapeutic effectiveness.



20 Hour Seminar

“I attended MFR 1 last year in Sedona. My practice is probably 90% MFR and people love it! I believe that the demand for Myofascial Release will do nothing but increase as people learn more about fascia and experience the healing that comes with this work.”



MYOFASCIAL RELEASE TECHNIQUES

- ◆ Theory
- ◆ Anatomy of Fascia & Related Structures
- ◆ Whole Body Inter-Relationships
- ◆ Development of Palpation Skills
- ◆ Evaluation Procedures
- ◆ Lower Extremity Problems
- ◆ Sacral Float
- ◆ Lumbar-Pelvic Problems
- ◆ Anterior & Posterior Thoracic Areas
- ◆ Transverse Fascial Planes (Thoracic Inlet, Respiratory Diaphragm & Pelvic Floor)
- ◆ Upper Extremity Problems
- ◆ Cervical Spine, Atlas and Axis, Occipital Condyle Release, Dural Tube Mobility

CRANIAL TECHNIQUES

- ◆ Theory
- ◆ Headache Release
- ◆ Evaluation Techniques
- ◆ Temporomandibular Problems
- ◆ Cranial/Sacral Techniques
- ◆ Cranial Trauma
- ◆ Sinus Problems
- ◆ Birth Injuries

ENJOY A NEW, EXCITING AND LUCRATIVE CAREER!

I have had the opportunity of training over 100,000 therapists and my goal is to help you improve your logical and intuitive abilities and enhance confidence. Trauma and inflammatory responses create myofascial restrictions that can produce tensile pressures of approximately 2,000 pounds per square inch on pain sensitive structures that do not show up in any of the standard tests (x-rays, myelograms, CAT scans, electromyography, etc.)

This enormous pressure acts like a “straightjacket” on muscles, nerves, blood vessels and osseous structures producing the symptoms of pain, headaches and restriction of motion.

Symptoms are the tip of the iceberg of a much deeper, important problem—myofascial restrictions! Science has now discovered what I have been teaching for over 60 years; i.e., pain, dysfunction and disease are caused by a prolonged inflammatory response. Trauma and the resultant inflammatory response create myofascial restrictions that ultimately create the symptoms.

Myofascial Release allows the chronic inflammatory response to resolve and eradicates the enormous pressure of myofascial restrictions exerted on pain-sensitive structures to alleviate symptoms and to allow the body’s natural healing capacity to function properly.

MYOFASCIAL RELEASE I

LOCATIONS AND DATES

BILLINGS, MT
August 18-20, 2023
Doubletree Hilton
(406) 252-7400

CAMBRIDGE, MA
(Boston area)
August 18-20, 2023
Royal Sonesta Boston
(617) 806-4200

FT. LAUDERDALE, FL
August 25-27, 2023
Embassy Suites Hilton
17th Street
(954) 527-2700

OVERLAND PARK, KS
September 8-10, 2023
Sheraton Overland Park
(913) 234-2100

NORFOLK, VA
September 22-24, 2023
Sheraton Waterside Hotel
(757) 622-6664

PANAMA CITY, FL
Sept 29-Oct 1, 2023
Holiday Inn
(850) 769-0000

SAN BERNARDINO, CA
October 6-8, 2023
Doubletree Hilton
(909) 889-0133

VANCOUVER, WA
(Portland, OR area)
October 27-29, 2023
The Heathman Lodge
(360) 254-3100

FORT WORTH, TX
November 3-5, 2023
Radisson North
Fossil Creek
(817) 769-4023

BRADENTON, FL
January 11-14, 2024 (½ days)
Courtyard Marriott
Riverfront
(941) 747-3727

CORPUS CHRISTI, TX
March 8-10, 2024
Holiday Inn Marina
(361) 882-1700

SEDONA AREA
(Camp Verde, AZ)
March 14-17, 2024 (½ days)
Cliff Castle Casino Hotel
(928) 567-7999

BLOOMINGTON, MN
April 5-7, 2024
Hilton Hotel
(952) 893-9500

SAN DIEGO, CA
April 12-14, 2024
Handlery Hotel
(619) 298-0511

WILMINGTON, DE
April 12-14, 2024
Doubletree Hilton
(302) 478-6000

SASKATOON, SK
April 19-21, 2024
Saskatoon Inn
(306) 242-1440

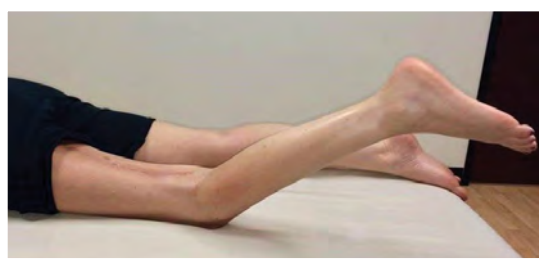
KALAMAZOO, MI
May 3-5, 2024
Radisson Plaza Hotel
(269) 343-3333

MEMPHIS, TN
June 14-16, 2024
Doubletree Hilton
(901) 528-1800

SAN FRANCISCO, CA
July 12-14, 2024
Holiday Inn
Golden Gateway
(415) 441-4000

“I was introduced to Myofascial Release at a time in my life when I was considering leaving the profession of massage therapy altogether. My body was in pain from performing traditional massage techniques, such as deep tissue, and I was not helping people as much as I had been led to believe. I was burnt out from trying to force change.”

PATIENT STATEMENT



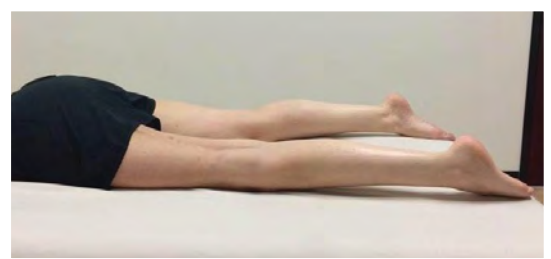
ONE YEAR OF PHYSICAL THERAPY & MASSAGE THERAPY

“After finding a cancerous tumor in one of my legs, I was a runner left without the use of my left leg. It was both physically and emotionally devastating to lose the use of a limb. I was becoming increasingly frustrated with traditional physical therapy as a means for fixing a poorly functioning leg after surgery and months of not using it. The therapy I was enduring was painful and producing little to no results. I thought there must be something else out there that might help more than the painful pushing and pulling that was occurring nearly daily at physical therapy.

A family member referred me to a Myofascial Release therapist, Rowena Cua. I was immediately impressed by Rowena’s kind nature, warm spirit, and the tremendous amount of knowledge she was willing to share with me about fascia and the John F. Barnes Myofascial Release Approach. Rowena and I have worked together weekly to release scar tissue and trauma and restore the function to my leg. Her care and treatment have been vital to my recovery.”

Her doctors told her that she probably wouldn’t be able to straighten her leg again because they removed so much of her hamstrings from the sarcoma. After Myofascial Release she was able to walk without a limp and straighten her leg, therefore being able to run again!

Rowena Cua, LMT, BCTMB, Las Vegas, NV



MYOFASCIAL RELEASE RESULTS

MYOFASCIAL UNWINDING

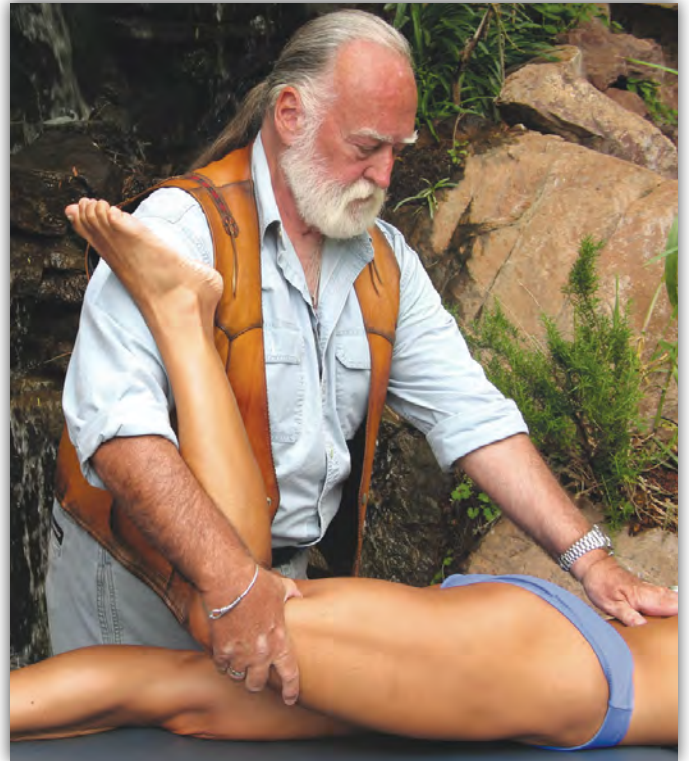
The Myofascial Unwinding seminar is designed to enhance your skill level and sensitivity providing you with a comprehensive treatment regime. Persistent pain and/or structural dysfunction may be perpetuated by “holding or bracing patterns” in the body. You will learn from the patient’s perspective how unresolved emotional issues or mental concepts that are outdated and are no longer relevant may impede progress. The intermediate “hands-on” Myofascial Unwinding™ seminar will also improve your mental clarity, focus, sensitivity of touch and expand your abilities to achieve consistent results.

20 Hour Seminar—Prerequisite: Myofascial Release I™

“I have been taking courses with John F. Barnes for just shy of 15 years. The changes in my own body and understanding how it works, how my tissues communicate, and how to let go of fear of past traumas and pain have been incredible.”

MYOFASCIAL UNWINDING IS A VERY EFFECTIVE MOVEMENT FACILITATION TECHNIQUE UTILIZED TO:

- ◆ Decrease Pain
- ◆ Increase Range of Motion
- ◆ Eliminate Subconscious “Holding or Bracing Patterns”
- ◆ Increase Your Proprioceptive Awareness
- ◆ Increase Functional Mobility of the Neuro/Myofascial/Osseous Systems



LOCATIONS AND DATES

CAMBRIDGE, MA
(Boston area)
August 22-24, 2023
Royal Sonesta Boston
(617) 806-4200

OVERLAND PARK, KS
September 12-14, 2023
Sheraton Overland Park
(913) 234-2100

BRADENTON, FL
January 15-17, 2024
Courtyard Marriott
Riverfront
(941) 747-3727

SEDONA AREA
(Camp Verde, AZ)
March 18-20, 2024
Cliff Castle Casino Hotel
(928) 567-7999

*“This work is so very powerful,
and different from anything I learned anywhere else.
I can only speak for myself,
but I wish I had started this journey sooner.”*



MYOFASCIAL RELEASE II

Myofascial Release I developed a fascinating framework of concepts and techniques. Myofascial Release II completes this conceptual framework with important, advanced, whole body Myofascial Release techniques and newly refined cranial advancements. The intermediate “hands-on” Myofascial Release II seminar will greatly enhance your vital “feel” via development of the tactile and proprioceptive senses which will allow you to achieve a higher level of expertise. These exciting techniques have been carefully developed and selected for their outstanding, consistent results.

20 Hour Seminar—Prerequisite: Myofascial Release I™

LEARN ADVANCED MYOFASCIAL TECHNIQUES FOR:

- ◆ Lumbo-Sacral
- ◆ Hyoid
- ◆ Intra-Oral (Maxillae, Palatines, Vomer, Pterygoids, Mandible)
- ◆ Sacro-Iliac
- ◆ Thorax
- ◆ Psoas Complex
- ◆ Upper Extremities
- ◆ Lower Extremities
- ◆ Fascial Cranium
- ◆ Cervical
- ◆ Dural System

LOCATIONS AND DATES

CAMBRIDGE, MA

(Boston area)
August 25-27, 2023
Royal Sonesta Boston
(617) 806-4200

OVERLAND PARK, KS

September 15-17, 2023
Sheraton Overland Park
(913) 234-2100

BRADENTON, FL

January 18-21, 2024 (½ days)
Courtyard Marriott
Riverfront
(941) 747-3727

SEDONA AREA

(Camp Verde, AZ)
March 21-24, 2024 (½ days)
Cliff Castle Casino Hotel
(928) 567-7999



“Myofascial Release (MFR) treatment results speaks for itself! Patient came in Day 1 with complaints of 90% limitations of using her hand because of shooting pain, numbness and tightness. Several cortisone shots and pain meds given in the past with surgery as last resort.

Day 4 of MFR session. What a great progress! Patient was thrilled to report she was able to cut her food and hold utensils to cook!! Patient gives permission to share her story. Who wouldn't, right?! Life changing results in 2 weeks of one-on-one treatment versus 2 years of traditional medicine and therapy. Thank you, John, for continuing to teach and inspiring us.”

Grace Vedala, PT, Cordova, TN

MYOFASCIAL MOBILIZATION

This fascinating “hands-on” seminar will introduce you to the highly effective world of Myofascial Release. This seminar will present the theory of Myofascial Release and the hands-on sessions will primarily focus on the upper and lower extremities, cervical, thoracic and lumbar areas.



12 Hour Seminar

LOCATIONS AND DATES

SUGAR LAND, TX

September 9 & 10, 2023
Houston Marriott
Sugar Land
(281) 275-8400

EDMONTON, AB

September 23 & 24, 2023
Delta Marriott Edmonton
Centre Suites
(780) 429-3900

GRAND RAPIDS, MI

October 7 & 8, 2023
Doubletree Hilton
Grand Rapids Airport
(616) 957-0100

OCALA, FL

October 21 & 22, 2023
Hilton Ocala
(352) 854-1400

SANTA CRUZ, CA

November 4 & 5, 2023
Hilton Santa Cruz
Scotts Valley
(831) 440-1000

PENSACOLA, FL

March 23 & 24, 2024
Holiday Inn University
(850) 472-1400

DUBLIN, OH

(Columbus Area)
April 13 & 14, 2024
Embassy Suites
(614) 790-9000

COLUMBIA, MO

May 11 & 12, 2024
Courtyard Marriott
(573) 443-8000

FARGO, ND

June 1 & 2, 2024
Hilton Garden Inn
(701) 499-6000

SCHENECTADY, NY

June 8 & 9, 2024
Doubletree Hilton
(518) 393-4141

“I just attended Myofascial Mobilization this past weekend! I had mistakenly thought the class would be two days of techniques that were contrary to the principles of John F. Barnes Myofascial Release. So, I took all the other seminars and avoided the mobilization workshop — I even took equine first, despite intense uneasiness around horses. Well, whoops, I was very wrong. The techniques are excellent, they do adhere to the ‘no force’ principles.”

PEDIATRIC MYOFASCIAL RELEASE

This introductory “hands-on” workshop is designed for therapists whose primary focus is on the pediatric population. Myofascial Release will be presented for the evaluation and treatment of head injuries, cerebral palsy, birth trauma, scoliosis, movement dysfunction, neurological dysfunction, trauma, pain and headaches.

12 Hour Seminar

LOCATIONS AND DATES

IRVING, TX

(Dallas area)
August 26 & 27, 2023
Marriott Dallas
Las Colinas
(972) 831-0000

COVINGTON, KY

(Cincinnati, OH)
November 4 & 5, 2023
Radisson Hotel
Cincinnati Riverfront
(859) 777-0008

SAN LUIS OBISPO, CA

March 2 & 3, 2024
Embassy Suites
(805) 549-0800



**Myofascial Release
makes for a happy child !**

SOMERSET, NJ
May 19 & 20, 2024
Marriott Delta Hotel
(732) 560-0500

SUN & MON
IN
SOMERSET, NJ

“This wonderful seminar helped me to gain a deeper appreciation and understanding of the fascial system and its connection of ALL of it through our bodies. I’m filled with gratitude.”

VACATION SERIES & SPECIALTY SEMINARS

save
\$300
By registering for any
three seminars!



BOSTON (CAMBRIDGE), MA—Situating along the famous Charles River in Cambridge and showcasing breathtaking city views of Boston. Boston and neighboring Cambridge are among the world's great cities, loved for their art and culture, diverse culinary scene and fun explorations on and around its famous harbor.

Myofascial Release I
August 18-20, 2023

Myofascial Unwinding
August 22-24, 2023

Myofascial Release II
August 25-27, 2023

**ROYAL SONESTA
BOSTON
(617) 806-4200**



OVERLAND PARK, KS—Overland Park combines the great outdoors with plenty of indoor adventures which means there is never a shortage of things to do. Take a stroll through a 300-acre botanical garden or listen to live music from a wine vineyard. Enjoy the amazing food that Kansas is known for!

Myofascial Release I
September 8-10, 2023

Myofascial Unwinding
September 12-14, 2023

Myofascial Release II
September 15-17, 2023

**SHERATON OVERLAND
PARK
(913) 234-2100**



SEDONA, AZ—Often referred to as 'the most beautiful place on Earth'. Enjoy driving through Sedona for its breathtaking views. Go for a hike, enjoy the cuisine of the Southwest, or take a helicopter ride to enjoy the scenic beauty.

Myofascial Healing
October 12-15, 2023 (½ days)

Subtle Energy
October 15-16, 2023

MFR III 'Beyond Technique'
October 17-22, 2023

**POCO DIABLO
RESORT
(928) 282-7333**



NASHVILLE, TN—Scores of songs are dedicated to the city of music. But, while music is the lifeblood of Nashville, visitors will also find a city full of culture and history, natural beauty and pure Southern charm. This city is alive.

Cervical-Thoracic
November 3-5, 2023

Myofascial Rebounding
November 7-9, 2023

Fascial Cranium
November 10-12, 2023

**THE INN AT
OPRYLAND
(615) 889-0800**



WILMINGTON, DE—Just off of Interstate 95, rolling hills and valleys have been carved out by the beautiful Brandywine River. Stroll through some of the leading horticultural centers in the world, Longwood Gardens, Winterthur, and the Hagley Museum. Visit Longwood Garden's incredible 500,000 light holiday display.

Myofascial Healing
December 1-3, 2023

Fascial Pelvis
December 4-6, 2023

Women's Health
December 7-10, 2023

**DOUBLETREE
HILTON
(302) 478-6000**



BRADENTON, FL—Bradenton is easy to get to, yet slightly off the beaten path. Better yet, once you get there, you will feel worlds away. Quaint downtown Bradenton's showpiece, the Riverwalk, is an outdoor oasis nestled on the beautiful Manatee River with breathtaking views, swaying palms, live music and incredible restaurants.

Myofascial Release I
January 11-14, 2024 (½ days)

Myofascial Unwinding
January 15-17, 2024

Myofascial Release II
January 18-21, 2024 (½ days)

**COURTYARD BY
MARRIOTT BRADENTON
SARASOTA/RIVERFRONT
(941) 747-3727**



SEDONA AREA (CAMP VERDE, AZ)—Camp Verde, Arizona is just a short drive to the bristling forests and magnificent red rock canyons of Sedona. You just may want to stay a few more days to take in all that this area has to offer, including the incredible vistas of the Grand Canyon and turquoise water of Lake Powell!

Women's Health
February 15-18, 2024

Myofascial Healing
February 19-21, 2024

Cervical-Thoracic
February 22-25, 2024 (½ days)

**CLIFF CASTLE
CASINO HOTEL
(928) 567-7999**



SEDONA AREA (CAMP VERDE, AZ)—Beautiful Sedona's red rock cliffs and vortexes are just a short drive. You can kayak or canoe in the beautiful Verde River. Montezuma Castle National Monument only 3 minutes away and the incredible animals at the 'Out of Africa Wildlife Park' are 10 minutes away. Take a couple extra days to explore the magnificent Grand Canyon or take a peaceful boat ride on the turquoise water of Lake Powell.

Myofascial Release I
March 14-17, 2024 (½ days)

Myofascial Unwinding
March 18-20, 2024

Myofascial Release II
March 21-24, 2024 (½ days)

**CLIFF CASTLE
CASINO HOTEL
(928) 567-7999**



WILMINGTON, DE—Wilmington is located in the beautiful Brandywine Valley and is easily accessible via Interstate 95, which runs up and down the east coast. Enjoy the picturesque beauty at some of the leading horticultural centers in the world like Longwood Gardens, Winterthur, and the Hagley Museum.

Myofascial Release I
April 12-14, 2024

Myofascial Rebounding
April 16-18, 2024

Fascial Cranium
April 19-21, 2024

**DOUBLETREE
HILTON
(302) 478-6000**



NORTH MYRTLE BEACH, SC—Enjoy sun bathing, swimming, fishing, boating, and walking on the 60-mile stretch of white sand beaches. Award winning golf courses and restaurants await you in this family-oriented community.

Women's Health
May 9-12, 2024

Myofascial Healing
May 13-15, 2024

Cervical-Thoracic
May 16-19, 2024 (½ days)

**HILTON MYRTLE
BEACH RESORT
(843) 449-5000**



SEDONA AREA (CAMP VERDE, AZ)—Camp Verde is just a short drive to Sedona. Enjoy nearby boating, hiking, biking, wine tasting, or just taking in the landscape sitting on the banks of the Verde River.

Myofascial Healing
June 13-16, 2024 (½ days)

Myofascial Rebounding
June 17-19, 2024

Advanced Unwinding
June 20-23, 2024 (½ days)

**CLIFF CASTLE
CASINO HOTEL
(928) 567-7999**



SAN FRANCISCO, CA—Visit Fisherman's Wharf with its amazing seafood restaurants, boat tours past the Golden Gate Bridge and beautiful Sausalito. Experience incredible shopping in Union and Ghirardelli Squares and don't forget to visit intriguing Chinatown. The 'City by the Bay' welcomes you!

Myofascial Release I
July 12-14, 2024

Fascial Pelvis
July 16-18, 2024

Fascial Cranium
July 19-21, 2024

**HOLIDAY INN
GOLDEN GATEWAY
(415) 441-4000**

FASCIAL-PELVIS



Our experience has shown that over 90% of patients suffering with lumbar and pelvic pain, menstrual problems, cervical pain and headaches have imbalances in the pelvis creating fascial restrictions throughout the body. This introductory “hands-on” seminar will teach you a logical, step-by-step progression of techniques for treating the lumbo-pelvic region in a comprehensive and effective manner.

20 Hour Seminar

LOCATIONS AND DATES

SHREVEPORT, LA

September 22-24, 2023
Hilton Convention Center
(318) 698-0900

LONG ISLAND, NY

Sept 29-Oct 1, 2023
Long Island Marriott
Uniondale
(516) 794-3800

CHARLOTTE, NC

October 6-8, 2023
Embassy Suites Hilton
(704) 527-8400

OMAHA, NE

October 13-15, 2023
Doubletree Hilton
Downtown
(402) 346-7600

INDIANAPOLIS, IN

October 20-22, 2023
Hilton Hotel & Suites
(317) 972-0600

ROCHESTER, MN

October 27-29, 2023
Kahler Grand Hotel
(507) 280-6200

WILMINGTON, DE

December 4-6, 2023
Doubletree Hilton
(302) 478-6000

SAVANNAH, GA

February 23-25, 2024
Embassy Suites
(912) 721-6900

ROUND ROCK, TX

(Austin Area)
April 5-7, 2024
Embassy Suites
(512) 308-3883

MIDDLETON, WI

April 26-28, 2024
Madison Marriott West
(608) 831-2000

CRANBERRY TWP., PA

(Pittsburgh Area)
May 3-5, 2024
Pittsburgh Marriott North
(724) 772-3700

SPOKANE, WA

May 10-12, 2024
Doubletree City Center
(509) 455-9600

LOUISVILLE, KY

June 7-9, 2024
Marriott Louisville East
(502) 491-1184

SAN FRANCISCO, CA

July 16-18, 2024
Holiday Inn Golden
Gateway
(415) 441-4000

“The Fascial Pelvis seminar was amazing. A multitude of techniques were presented to address the function and mobility of the pelvis, the foundation of the spine, which can produce symptoms throughout the entire body!”

CERVICAL-THORACIC



This fascinating intermediate “hands-on” seminar will give you the confidence and skill to successfully treat cervical pain, restriction of motion, reflex sympathetic dystrophy, carpal tunnel, TMJ pain and to decrease pain in the hand while increasing its functional mobility.

20 Hour Seminar— Prerequisite: Myofascial Release I™

LOCATIONS AND DATES

NASHVILLE, TN

November 3-5, 2023
The Inn at Opryland
(615) 889-0800

SEDONA AREA

(Camp Verde, AZ)
February 22-25, 2024 (½ days)
Cliff Castle Casino Hotel
(928) 567-7999

NORTH MYRTLE BEACH, SC

May 16-19, 2024 (½ days)
Hilton Myrtle Beach Resort
(843) 449-5000

CERVICAL THORACIC TECHNIQUES

- ◆ Thoracic-Lumbar Junction
- ◆ Rib Cage
- ◆ Atlas/Axis Complex
- ◆ Craniomandibular Mechanism
- ◆ Anterior/Posterior Cervical Areas
- ◆ Thoracic Spine
- ◆ Sternum
- ◆ Hands/Wrists
- ◆ Upper Extremities

“John F. Barnes’ Myofascial Release Approach is the most comprehensive & successful bodywork I have ever practiced. I am booked 4 to 6 weeks out. So clients are getting better, new clients are coming in. Myofascial Release literally changed every aspect of my life, my health, and my practice. I say go for it. I am grateful every day that I took that leap.”

FASCIAL CRANIUM

The Fascial Cranium Seminar is one of our newest and most popular seminars! You will explore and learn unique Myofascial Release principles for the fascial cranium and intra-oral structures to increase physiological function, enhance cognition, and decrease headaches, cervical, sinus and TMJ pain.

This will also be a treatment seminar for you. Your head and whole body will receive powerful treatments with individual and group experiences. This class will be an extraordinary learning experience, with deep healing and fun with your Myofascial Release colleagues and friends.

Prerequisites: Myofascial Release I™, Myofascial Unwinding, Myofascial Release II™, & Myofascial Rebounding

LOCATIONS AND DATES

NASHVILLE, TN

November 10-12, 2023
The Inn at Opryland
(615) 889-0800

WILMINGTON, DE

April 19-21, 2024
Doubletree Hilton
(302) 478-6000

SAN FRANCISCO, CA

July 19-21, 2024
Holiday Inn
Golden Gateway
(415) 441-4000



"I am grateful for the wonderful, new techniques I learned in the Fascial Cranium seminar that have made astonishing changes in myself and my clients. The seminar was exquisitely beautiful . . . Thank you John Barnes for these powerful handles into our fascial web!

Therapists do not hesitate to take this class! It will rock you, and your clients worlds beyond belief!"

WOMEN'S HEALTH SEMINAR

Increase your knowledge, skill and income by adding this important dimension to your practice. In this seminar you will receive extensive treatment for your own pelvic problems.

Many times chronic, persistent headaches, neck and back pain can be resolved with Myofascial Release to the pelvic area.

25 Hour Seminar

Prerequisites: Myofascial Release I™, Fascial-Pelvis, Myofascial Unwinding

LOCATIONS AND DATES

WILMINGTON, DE

December 7-10, 2023
Doubletree Hilton
(302) 478-6000

SEDONA AREA

(Camp Verde, AZ)
February 15-18, 2024
Cliff Castle Casino Hotel
(928) 567-7999

NORTH MYRTLE BEACH, SC

May 9-12, 2024
Hilton Myrtle Beach Resort
(843) 449-5000



THIS FASCINATING INTERMEDIATE "HANDS-ON" SEMINAR WILL TEACH YOU IMPORTANT MYOFASCIAL RELEASE, VISCERAL RELEASE & MYO/GYNO-FASCIAL RELEASE:

- ◆ Pelvic Floor Pain & Dysfunction
- ◆ Urinary Incontinence, Urgency and/or Frequency
- ◆ Problematic Breast Implant/Reduction Scars
- ◆ Vulvodynia
- ◆ Mastectomy Pain
- ◆ Endometriosis
- ◆ Interstitial Cystitis
- ◆ Fibromyalgia
- ◆ Menstrual Problems
- ◆ Adhesions
- ◆ Coccygeal Pain
- ◆ Episiotomy Scars
- ◆ Painful Intercourse
- ◆ Infertility Problems
- ◆ Lymphedema
- ◆ Painful Scars

"The Women's Health Seminar was absolutely awesome. There was a feeling of being part of something incredibly important . . . Like witnessing a piece of history. It felt like John was opening the door for us to be a part of a significant shift in the healthcare field."

MYOFASCIAL REBOUNding



Neptune symbolizes water, the fluid (ground substance of fascia) of our body which tends to solidify from trauma and the Trident represents the 3 Pronged MFR Approach.

Myofascial Rebounding utilizes the fluid/energy dynamics as a therapeutic force to greatly enhance your Myofascial Release effectiveness in reducing pain, increasing function and awareness. Myofascial Rebounding also “confuses” the neuromotor system to help free the body of its bracing patterns. It’s kind of a subtle way in the back door. The mind/body doesn’t know what to do, so it just lets go. Myofascial Release and Myofascial Rebounding is an important combination acting as a powerful catalyst enhancing your effectiveness!

Prerequisite: Myofascial Release I™

LOCATIONS AND DATES

NASHVILLE, TN
November 7-9, 2023
The Inn at Opryland
(615) 889-0800

WILMINGTON, DE
April 16-18, 2024
Doubletree Hilton
(302) 478-6000

SEDONA AREA
(Camp Verde, AZ)
June 17-19, 2024
Cliff Castle Casino Hotel
(928) 567-7999

- ◆ Reduce Pain
- ◆ Increase Your Awareness
- ◆ Re-Energize Yourself
- ◆ Learn Important New Skills That Will Significantly Enhance Your Effectiveness
- ◆ Receive Extraordinary Treatment

ADVANCED MYOFASCIAL UNWINDING



A rare opportunity to grow and expand your abilities by being treated with advanced unwinding techniques by highly skilled Myofascial Release Therapists.

Prerequisites: Myofascial Release I™, Myofascial Unwinding, Myofascial Release II™

LOCATION AND DATE

SEDONA AREA
(Camp Verde, AZ)
June 20-23, 2024 (½ days)
Cliff Castle Casino Hotel
(928) 567-7999

- ◆ Learn Advanced Unwinding Techniques
- ◆ Refine Your Dialoging Skills
- ◆ Receive Extraordinary Treatment
- ◆ Enhance Your Sensitivity, Focus and Concentration

“I owe John a lifetime of gratitude. His principles apply not just to therapy, but to life as well. In the past ten years I have been a therapist and a patient; in many ways I have made progress beyond measure. Because of John & Myofascial Release, my life is rich in so many ways . . . Of course, I realize that not every day is going to bring ‘sunshine & rainbows’, but I have confidence now, that whatever the weather may bring, I am going to be more than, ‘just fine’.”

—Julie L., OTR/L
Tennessee

MYOFASCIAL HEALING SEMINAR



The Myofascial Healing Seminar will guide you to the depths of your essence for authentic healing in the most beautiful place in the world—Sedona, Arizona.

“After suffering fibromyalgia for years, my pain is finally gone. I feel so much better!”



“John is a therapist of the highest caliber. I could feel the compassion flowing from his gentle touch. The power and love within this seminar supported me in overcoming my pain.”

FOR THE PATIENT

Encourage your patients/clients that are struggling or seem to keep losing what progress they have made, to attend the Myofascial Healing Seminar. This seminar will act as a catalyst for them, for you, for your loved ones and family to reduce their pain, headaches, women’s health problems and fibromyalgia to make significant progress in their health and achieve inner tranquility, calmness and joy!

FOR THE THERAPIST: HEAL YOURSELF

The Myofascial Healing Seminar is also for you, the therapist, and your friends and families, providing you with an inexpensive way to lift your spirits, soothe your mind and eliminate your pain while enhancing your healing journey.

Bring a friend or loved one & receive a discount of **\$100** each!



LOCATION AND DATES

SEDONA, AZ

October 12-15, 2023 (½ days)
Poco Diablo Resort
(928) 282-7333

SEDONA AREA

(Camp Verde, AZ)
February 19-21, 2024
Cliff Castle Casino Hotel
(928) 567-7999

SEDONA AREA

(Camp Verde, AZ)
June 13-16, 2024 (½ days)
Cliff Castle Casino Hotel
(928) 567-7999

WILMINGTON, DE

December 1-3, 2023
Doubletree Hilton
(302) 478-6000

NORTH MYRTLE BEACH, SC

May 13-15, 2024
Hilton Myrtle Beach Resort
(843) 449-5000

“This seminar is so important! . . . It has given me my life back!”

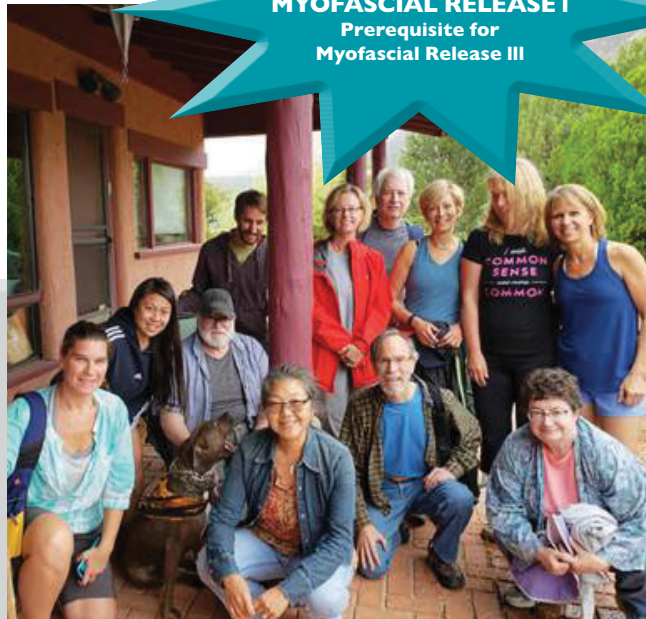
SKILL ENHANCEMENT SEMINAR

The Skill Enhancement Seminar is offered on-site in our Malvern, Pennsylvania and Sedona, Arizona Treatment Centers. The Skill Enhancement Seminar allows anyone who has taken Myofascial Release I to work alongside our highly trained and skilled Myofascial Release staff as we treat patients and therapists from around the world.

Prerequisite: Myofascial Release I™

In this Relaxed, No Pressure Environment You Will:

- ◆ Work alongside our team of highly skilled therapists as we treat patients from around the world.
- ◆ Receive daily treatment for yourself to help you resolve any problems you may be experiencing.
- ◆ Learn how to ground and center yourself.
- ◆ Fine tune your dialoguing skills.
- ◆ Improve your confidence.
- ◆ Learn Myofascial Freedom Self-Treatment techniques for yourself and your patients.
- ◆ Immerse yourself in a therapeutic retreat like no other & witness firsthand the healing effects of the Myofascial Release Approach®
- ◆ Experience the flow of a long established cash-based private practice to use as a model to build or enhance your own practice.



To be taken soon
after completing
MYOFASCIAL RELEASE I
Prerequisite for
Myofascial Release III

SKILL ENHANCEMENT WITH JOHN F. BARNES, PT

The Skill Enhancement Seminar is also offered during select weeks when John F. Barnes, PT is treating at either the Malvern or Sedona Myofascial Release Treatment Centers. This option allows the therapist to treat patients alongside John Barnes and our staff. Personal treatment sessions with John F. Barnes and our staff are all included.



“THE SANCTUARY”—MALVERN, PA
1-800-FASCIAL (327-2425)



“THERAPY ON THE ROCKS”—SEDONA, AZ
(928) 282-3002

ENROLLMENT IS LIMITED!

ONLY 4 THERAPISTS PER WEEK—THEREBY MAXIMIZING & PERSONALIZING YOUR LEARNING EXPERIENCE!

“I am from Central Scotland. The investment I put into this training has been significant financially, especially with travel, accommodations and costs. The results to date however are immeasurable; I am fully booked for the rest of the month. My client base continues to grow and clients travel from an ever-increasingly wide radius to see me.”

"THERAPY FOR THE THERAPIST"

FEELING TIRED AND BURNED OUT? ARE YOU ALWAYS THE CARE-TAKER? Do you want to develop skills and confidence to provide consistent results for your patients? "THERAPY FOR THE THERAPIST" is designed specifically for you! This unique and one-of-a kind program meets the needs of the therapists who are experiencing pain, tightness and in desperate need of rejuvenation.

Sessions are multiple times per day for a total of 15 hours per week. Concentrated treatment with our teams of highly skilled Myofascial Release therapists elicits the catalyst in promoting efficient, deep healing. Therapists returning home from the "Therapy for the Therapist" Program experience quantum leaps in health, inner calmness, therapeutic intuition and heightened proprioceptive awareness.



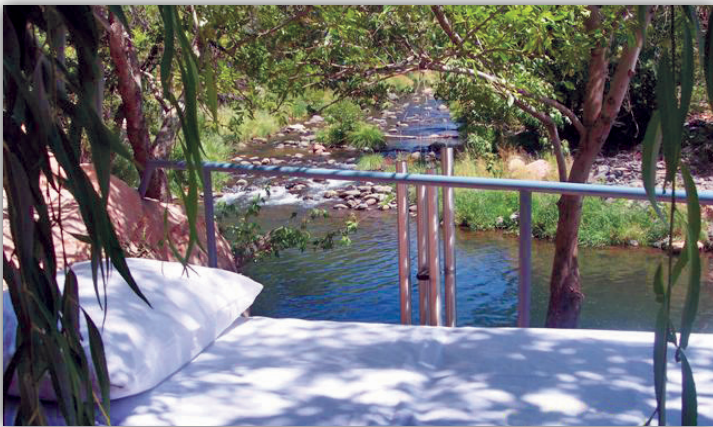
**"THERAPY FOR THE THERAPIST"
IS A NEW PREREQUISITE FOR
MYOFASCIAL RELEASE III**

THE BEST GIFT I EVER GAVE MYSELF!

Dear John Barnes and all the staff at the Malvern Myofascial Release "Sanctuary",

I want to thank you all for the deeply transformative therapeutic week I spent participating in your 'Therapy for the Therapist' program. I found it to be an amazing opportunity for professional and personal growth. Three sessions of hands-on therapy a day with some of the most talented physical therapists in the world has regenerated me! I haven't felt this good since . . . well, maybe ever! I have been working in physical therapy for 20 years, but never invested 100% of my time and energy toward healing myself, until this week of 'Therapy for the Therapist'. Thanks to Myofascial Release and John, I now know I am worth it. I deserve it. And I need it . . . every year! Everyone does.

*Emily E., LPTA, LMT, Maine
Developer of Mermaid Fascial Freedom™*



**"THERAPY ON THE ROCKS"—SEDONA, AZ
(928) 282-3002**



**"THE SANCTUARY"—MALVERN, PA
1-800-FASCIAL (327-2425)**

ENROLLMENT IS LIMITED!

EASTERN MYOFASCIAL RELEASE TREATMENT CENTER

“The Sanctuary”, our Eastern Myofascial Release Treatment Center, located in Malvern, Pennsylvania, the Main Line suburbs of Philadelphia, is a therapeutic retreat and a haven for patients and therapists who desire the utmost care. Experience the expert guidance of our Myofascial Release Therapists’ hands-on healing skills so that you can return to a pain-free, active lifestyle!

Our beautiful, new John F. Barnes’ Myofascial Release Treatment Center is an impressive stone and wood building immersed in the healing energy of an ancient, lush forest. Patients will enjoy the benefits of Myofascial Release treatments, a soothing complimentary infrared sauna and whirlpool, and the tranquil woodland environment.

To complement your treatments, there are a group of world famous gardens; Winterthur Gardens, the internationally acclaimed Longwood Gardens, the Chanticleer Garden Estate and many historical country inns and horse farms all within a short drive.



“THE SANCTUARY”

42 LLOYD AVENUE ♦ MALVERN, PA 19355

1-800-FASCIAL (327-2425) ♦ 610-644-0136 ♦ 610-644-1662 (fax)

Malvern@myofascialrelease.com

NURSE BETTY WELCOMES YOU TO HER HOME FOR ONLY \$40/NIGHT!

With her home less than a mile from “The Sanctuary” in Malvern, PA, Nurse Betty offers lodging at very reasonable rates to therapists and patients who visit us. Those who have stayed there have loved it! Lodging includes a private bedroom and use of the house, including a full kitchen. There are 4 bedrooms with 2 shared bathrooms including a private entrance on the lower level. Nurse Betty is a highly respected and dedicated nurse who is very welcoming to guests who stay in her home. For those interested in these comfortable accommodations within a 2-minute drive or 20 minute walk, you cannot beat the rate of \$40 per night, and the comradery of sharing a home with other MFR enthusiasts.

OUR MISSION IS TO RETURN YOU TO

- ♦ Back Pain
- ♦ Jaw Pain (TMJ)
- ♦ Disc Problems
- ♦ Headaches
- ♦ Sports Injuries
- ♦ Whiplash
- ♦ Fibromyalgia
- ♦ Myofascial Pain Syndrome
- ♦ Infants/Children

WOMEN’S HEALTH PROBLEMS:

- ♦ Pelvic Floor Pain & Dysfunction
- ♦ Urinary Incontinence
- ♦ Infertility Problems
- ♦ Mastectomy Pain
- ♦ Painful Intercourse
- ♦ Urinary Urgency
- ♦ Vulvodynia
- ♦ Endometriosis
- ♦ Painful Scars

WESTERN MYOFASCIAL RELEASE TREATMENT CENTER

“Therapy on the Rocks”, our Western Myofascial Release Treatment Center, is located in Sedona, Arizona nestled on a cliff alongside a fifty foot waterfall cascading into the pristine water of Oak Creek Canyon. “Therapy on the Rocks” offers the perfect setting for healing. Magnificent views of the red rocks of Sedona are seen from the cozy treatment rooms, redwood sunning decks, and our creek side whirlpool.

Western majestic Red Rock Canyons lie nestled between the beauty of the Grand Canyon, just a 2 hour drive north, and the charm of Phoenix, a magnificent two hour drive south. Drive through Oak Creek Canyon (between Sedona and Flagstaff) on scenic Highway 89A, where spring fed Oak Creek cuts its way through a 28 mile long, 3,000 foot deep gorge and where the forces of nature have acted to create a visual masterpiece. Visit the quaint mining town of Jerome, built on the precipice of Mingus Mountain, with unique shopping available and spectacular views of the Sedona Valley.

Sedona, Arizona is truly a unique destination spot where visitors can enjoy a multitude of activities: hiking trails leading into the heart of the Red Rocks, jeep and helicopter tours, horseback riding, train and balloon rides await visitors. Beautiful and varied art galleries, Southwest and eclectic shopping opportunities, ancient Native American ruins, golf on the rocks, Slide Rock State Park and a multitude of high quality restaurants, incredibly beautiful resorts and housing options, even cozy suites are minutes away.



“THERAPY ON THE ROCKS”

676 NORTH HIGHWAY 89A ♦ SEDONA, AZ 86336

928-282-3002 ♦ 928-282-7274 (fax)

Sedona@myofascialrelease.com ♦ Therapyontherocks.net

A PAIN FREE, ACTIVE LIFESTYLE!

- ♦ Neurological Dysfunction
- ♦ Chronic Pain
- ♦ Migraines

- ♦ Chronic Fatigue Syndrome
- ♦ Carpal Tunnel
- ♦ Adhesions

- ♦ Neck Pain
- ♦ Scoliosis
- ♦ Sciatica

- ♦ Interstitial Cystitis
- ♦ Lymphedema
- ♦ Problem Breast Implant/Reduction Scars

- ♦ Menstrual Problems
- ♦ Urinary Frequency
- ♦ Adhesions

- ♦ Coccydynia (tail bone pain)
- ♦ Adhesions
- ♦ Sciatica

PRICES GOING UP SOON !

We have not raised our rates in over 20 years, however, with inflation and other aspects in the world going on right now, we will unfortunately have to raise our rates in the near future.

My back pain of over 10 years was gone by the second day of the Myofascial Release seminar!

Incredible seminars, incredible instructors, cannot wait to take more!

At the end of the day, I am completely energized instead of exhausted!

This seminar was amazing and I was so excited by the wonderful results I saw immediately after returning to my practice!

In the past I felt burned out and frustrated at work. Myofascial Release has changed that for me.

I was going to give up my career. Then I took an MFR seminar and realized I had found what I was meant to do.

REGISTRATION INFORMATION



- ◆ Myofascial Release I
- ◆ Myofascial Unwinding
- ◆ Myofascial Release II
- ◆ Fascial-Pelvis
- ◆ Cervical-Thoracic
- ◆ Fascial Cranium
- ◆ Myofascial Rebounding
- ◆ Advanced Myofascial Unwinding
- ◆ Quantum Leap

\$750 for each seminar or
\$695 if registered 2 weeks prior to seminar date

- ◆ Women's Health Seminar

\$1,000 for the seminar or
\$895 if registered 2 weeks prior to seminar date

- ◆ Myofascial Mobilization Workshop
- ◆ Pediatric Myofascial Release Workshop
- ◆ Subtle Energy

\$450 for each seminar or
\$395 if registered 2 weeks prior to seminar date

- ◆ Myofascial Healing Seminar

\$550 for each seminar or
\$495 if registered 2 weeks prior to seminar date
\$395 per person if 2 or more register together*

(*Please make two copies of this registration form, one for each person and mail together.)

CONTINUING EDUCATION:

Myofascial Release Seminars are approved by many state and national associations. Please visit our website at myofascialrelease.com for a complete listing and to determine the number of hours granted by your association. It is the individual's responsibility to determine from their state board what is within their scope of practice.

DISCOUNTS:

Graduates of the Pediatric Myofascial Release Workshop or the Myofascial Mobilization Workshop are entitled to a \$50 discount off the price of the Myofascial Release I or the Fascial-Pelvis Seminar. Participants who register for any three seminars at one time (excluding Myofascial Healing, Myofascial III and the Skill Enhancement Seminar) are entitled to a \$300 discount. Hospitals or facilities who register five or more persons at the same time are entitled to a \$50 per person discount on any Myofascial Release Seminar. Registrations must be mailed, faxed or phoned in at the same time. Graduates of our seminars may repeat any or all of these seminars for half-price. DISCOUNTS CANNOT BE COMBINED.

REGISTRATION FEE AND CANCELLATION POLICY:

Full payment is required to reserve a space. Enrollment is limited. Fee includes materials, seminar instruction, hands-on workshop training, continental breakfast, afternoon refreshments, and a seminar certificate (excludes Myofascial Healing). Written confirmation will be sent after payment is received in our office. You may cancel your registration up to 14 days before the seminar. Your registration fee will be refunded less a \$50 processing fee. If you need to cancel less than 14 days prior to the seminar you may transfer your registration to another seminar of your choice. We reserve the right to cancel any seminar, in which case the tuition fee will be returned in full. MFR Seminars is not responsible for any guaranteed airline/hotel reservation.

TAX REFORM ACT OF 1986, AS AMENDED BY THE 2017 TAX CUTS & JOBS ACT:

Registration fees, travel and lodging expenses incurred by a business or self-employed taxpayer while attending a convention or seminar that maintains or improves job skills relating to their profession will continue to be fully deductible; meal cost will remain 50% deductible.

**CALL TODAY – 1-800-FASCIAL or
Register Online at www.myofascialrelease.com**

IMPORTANT

Seminar Location City: _____ State: _____

- Check the appropriate box(es)
- | | |
|---|--|
| <input type="checkbox"/> Myofascial Release I | <input type="checkbox"/> Fascial Cranium |
| <input type="checkbox"/> Myofascial Unwinding | <input type="checkbox"/> Women's Health Seminar |
| <input type="checkbox"/> Myofascial Release II | <input type="checkbox"/> Myofascial Rebounding |
| <input type="checkbox"/> Myofascial Mobilization | <input type="checkbox"/> Advanced Myofascial Unwinding |
| <input type="checkbox"/> Pediatric Myofascial Release | <input type="checkbox"/> Myofascial Release III--\$500 deposit |
| <input type="checkbox"/> Fascial-Pelvis | <input type="checkbox"/> Myofascial Healing |
| <input type="checkbox"/> Cervical-Thoracic | <input type="checkbox"/> Subtle Energy |
| | <input type="checkbox"/> Quantum Leap |

Charge to: VISA MASTERCARD Expiration Date: _____

Card #: _____ 3 Digit Security Code: _____

Signature: _____

Name: _____

Professional Initials: _____
(Type of therapist, PT, LMT, OTR/L etc. or for the Healing Seminar, what is your occupation?)

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____

Enclosed is my check (U.S. Funds only) payable to:

MFR Seminars
42 Lloyd Avenue
Malvern, PA 19355

Fax Form to 610-644-1662



Web Site: www.myofascialrelease.com ◆ Email: seminars@myofascialrelease.com